1

Losing It in Las Vegas

Sin City will rob you of your time, your money, and your waistline (but not your desire to vacation here again)

LAS VEGAS NOW RECEIVES THREE TIMES AS MANY VISITORS PER YEAR AS

Mecca and Vatican City put together. Pilgrims of a, well, different sort, these conventioneers, vacationers, gamblers, and gawkers come here not to be saved but—let's be blunt—to sin. Or at least to engage in behavior that previous generations would have found slightly immoral at best.

What sort of behavior? There's the wanton **gluttony** of Vegas, with its chocolate fountains, meals that cost more than a month's rent, endless buffets groaning under the weight of their fat content.

Lust is as big a moneymaker, with a third of the casinos on the Strip supporting some sort of T&A show, and cocktail waitresses squeezed into costumes that wouldn't have been seen outside a bordello up until about, oh, 1955 or so.

Sloth is celebrated with architecture and attractions that are proudly plagiarized from other cities, huge mountains of eash that substitute for genuine creativity or (in many cases) good taste, and kitsch that runs rampant in every fake pyramid and Eiffel Tower.

And then there's **greed**, the driving engine of the city; that happy sin that puts the spring into crap players' wrists and circumvents the super ego, allowing players to forget their mortgages as they wager their earnings away.

It is, in short, a place to dip your toe into that undercurrent of nihilism, of derring-do, of the unadulterated sensuality that courses through most of our veins but perhaps hasn't been given free rein since our teenage, or maybe even, toddler years.

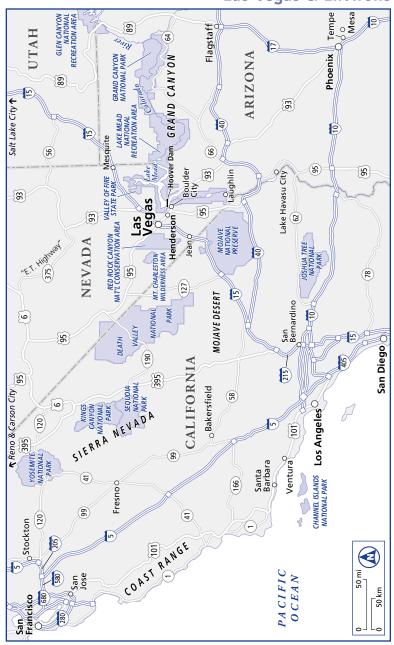
Vegas is everything that's right about America. You can do whatever you want, 24 hours a day. They've effectively legalized everything here.

—Drew Carey

And yet it's all great fun. The sins of Sin City are what 40 million mostly ethical, upstanding travelers pursue each year. They come to this never-never land of fantasy piled upon fantasy to let off steam, stop watching the clock (just try to find one in Vegas!), forget their inner lives, and simply act in ways that give them pleasure. In short, to do the things these upstanding citizens might be shy

about doing publicly at home (there's a reason the slogan "What Happens in Vegas, Stays in Vegas" has been so popular). It can be a hell of a lot of fun to visit Vegas.

Las Vegas & Environs



4 Chapter 1 Losing It in Las Vegas

As an added bonus, Las Vegas, which means "The Meadows" in Spanish, is also set in one of the most starkly beautiful areas of the United States, an oasis (the springs here formed those meadows) in the heart of the Mojave Desert. As such, it is a superb hopping-off point for excursions into the arid region, whether you decide on a day of hiking in nearby Red Rock Canyon or Valley of Fire National Park, or make a car or copter trip all the way to that exquisite, unearthly, hole in the ground, the Grand Canyon. For information on all of the exceptional day trips one can take from Vegas, turn to the "Get Out of Town" chapter (p. 275).

I'll do my best in this chapter to sort through a book's worth of options, selecting those attractions that, in my view, are sure to turn your vacation from standard into a first-rate bacchanal.

SIGHTS YOU'VE GOTTA SEE, THINGS YOU'VE GOTTA DO

Novelist Chuck Palahniuk once wrote that "Las Vegas looks the way you'd imagine heaven must look at night." I can only assume he was describing a stroll down the **Strip** (p. 114) after the sun had set. During the day, this famous stretch of roadway, flanked by monolithic hotels and tacky souvenir shops, shows its cracks and seams, looking somewhat like Wayne Newton must look before he's donned his tux and shellacked his face. But at night, it's a glittering, glowing spectacle, each silly/splendid monument lit up and framed just so against the black desert sky. A stroll or a slow drive down the Strip at night is, to my mind, the absolute "can't-miss" activity on a Vegas vacation.

During that stroll, it's imperative to stop for one of the **Fountain Shows at the Bellagio** (p. 118). Absolutely mesmerizing, the precision jets are through the air like laser beams, shooting up waves of water as tall as the massive building the fountain fronts. Set to dozens of different tunes, the show is constantly changing, so you may want to make several stops here over the course of your visit. Be sure also to head to **The Venetian** (p. 120), the most beautifully realized and just plain beautiful, of the faked environments on the Strip (with **Caesars Palace** [p. 120] running a close second).

Las Vegas boasts one of the most talented populations in the United States, so you'll want to see a live performance of some sort while you're here. If you can afford it, go with a **Cirque du Soleil** show (my favorites are **0** [p. 184] and **Mystère** [p. 184]). Surreal circuses, with awe-inspiring stage effects, costumes, and performances, they've redefined entertainment in Vegas. Or go see one of the Vegas headliners. Once you do, you'll understand why **Mac King** (p. 195), **Wayne Brady** (p. 181), **Lance Burton** (p. 189), and **Anthony Cools** (p. 189), have their names above the marquee (the same can be said for pricier performers too, especially Barry Manilow and Bette Midler).

You should also challenge yourself to step out of your everyday life while in Vegas and try something new. This might mean entrusting yourself with \$100 to lose at **blackjack** (I recommend it as it's one of the more social games and has the best odds for players); or, for a real rush, trying **Indoor Skydiving** (p. 146).

A Word About the Current Economics of Vegas

It seems like overkill in a chapter about the "sinfulness" of Sin City to point out that recently, the town's economy has been going to hell in a handbasket. But that seems like the only phrase appropriate to the current recession, which has been hitting Las Vegas with a far stronger punch than most other cities around the United States. As I wrote and researched this book, I found prices to be spiraling downwards on an almost daily basis. So my advice to you, dear reader, is to take the prices in this book as markers, knowing that you may be able to do better. So wheel and deal, bargain and beg. The powers that be want you to come visit and you'll find that for once, you'll probably be able to do it on your own terms (and on a low, low budget).

THE FINEST MUSEUMS

Vegas doesn't have to be all mindless entertainment. At the world-class **Atomic Testing Museum** (p. 125), you'll learn everything you ever wanted to know about the bomb... but were really too afraid to ask. The physics behind nuclear energy, the innovations that came out of the testing, how the government is using the site today, and much more make up the engrossing, often interactive exhibits at this Smithsonian Institution—affiliate museum.

Also off-Strip, but worth the commute, the **Springs Preserve** (p. 126) is a cutting-edge exegesis of desert living with well-done exhibits on the history of Vegas as an oasis in the desert, plus thought-provoking exhibits on the light topic of how civilization will be able to survive in this era of dwindling water supplies (not only in Vegas, but across the planet). Not the typically mindless entertainment you tend to find in Vegas.

Competition in the world of high culture is the **Bellagio Gallery of Fine Art** (p. 123) which has an excellent track records, bringing the works of such masters as Vermeer, Van Gogh, Georgia O'Keefe, and Calder into the pleasure dome that is the Bellagio Hotel.

Not to be ignored in the museum category is that temple of kitsch, the **Liberace Museum** (p. 129). Even if you have little interest in the man himself, you'll want to see this over-the-top collection of wacky cars, historic pianos, and clothing so exuberantly sparkly and gaudy, it will bring a glow to your kitsch-loving heart.

UNCOMMON LODGINGS

You don't have to stay on the Strip to enjoy Vegas. One of the most comfortable ways to vacation here is to rent your own little house, which will likely boast flatscreen TVs, a private pool, a pool table, and a fully equipped kitchen—all standard features of Vegas vacation rentals, and all for the cost of a hotel room! Read up on this alternative to hotels on p. 18.

For those who simply want a clean place to sleep—so they can gamble away all the money they save—the **Silverton** (p. 64), **Sam's Town** (p. 54), the **Gold Coast** (p. 61), and **Palace Station** (p. 61), offer beautifully furnished, oversized rooms in hotels that boast large casinos, multiple restaurants, bowling alleys, and other forms of entertainment, yet often cost half of what you'd pay on the Strip.

And then there are the Strip hotels themselves, whether you decide on a Hollywood memorabilia-laden room at **Planet Hollywood** (p. 33), a froufrouladen French Empire–style room at **Paris Las Vegas** (p. 39), or cheap, but ultra comfy digs—once you get through the crowded, tacky casino—at **Circus Circus** (p. 41).

All of these options—and more (see chapter 3)—should bring you a comfortable bed at night, and a wealth of entertainment options during the day.

DINING FOR ALL TASTES

Though you'll have traveled only to Vegas, your stomach can travel the world, odd as that may sound, at the many excellent ethnic restaurants that dot the city. For the Thai meal of a lifetime, head to **Lotus of Siam** (p. 100), and let the waiter order for you. (The owner heads to Thailand many times a year to bring back unusual spices and ingredients, so the meals you get here are unlike anything you're likely to have tried in your hometown Thai joint.) Or head to the restaurant where Vegas' large Mexican population goes when it has a special event to celebrate. At **Lindo Michoacan** (p. 100), the meal is always a party, and the mole sauce is to die for. Festive food, plus lots of beer, is the focus at the delightful **Hofbräuhaus** (p. 103), a perfect replica of that famous Munich beer garden. Innovative Japanese food is the thing at **Raku** (p. 109), and you'll find just as high a level of creativity where Spanish tapas are concerned at **Firefly** (p. 106).

Of course you'll want to try a buffet while you're here (it's the thing to do) and for that you have a multiplicity of options. You could indulge your sweet tooth with freshly made cotton candy and all sorts of luscious fruits dipped in chocolate at the **Buffet at Treasure Island** (p. 88); try top-notch Middle Eastern fare (along with other types of foods in a glitzy, newly renovated eating area) at the **Palms** (p. 107); or confine yourself to just sushi—loads and loads and loads of sushi—at **Makino** (p. 98).

THE FINEST "OTHER" EXPERIENCES

Get off the tourist treadmill and take part in one of the activities performed by actual Las Vegans each day. Go discuss philosophy in a casino (p. 163) or learn how to become a dealer (p. 160) or even a stripper at a Stripper 101 class (p. 162). Meet a showgirl and take a backstage tour of the long-running show Jubilee! (p. 165). Take a cooking class from a top Vegas chef (p. 161), or spend a day experiencing what it would have been like to work at the nearby Atomic Testing Site (p. 173), on an insider's tour. Hang out with magicians at a magical karaoke night (p. 171) or quaff Martinis with the Mayor (p. 169). These and many more activities discussed in chapter 7 allow visitors to see sides of the city that visitors usually miss, gain a new skill, and meet actual residents.