The Best of Southeast Asia

Southeast Asia offers a glimpse of the extraordinary, an explosion of colors, sounds, smells, textures, and life that will send you home with a wider vision of the human experience. In this chapter, we share our picks of the region's unrivaled highlights.

1 UNFORGETTABLE TRAVEL EXPERIENCES

- Making Merit (Thailand & Laos): For centuries, the *sangha*, or monkhood, has lived off the donations of food and money from the community. The tradition continues to this day: Every morning, monks walk the streets around their temple not just to receive their daily food, but also to allow the giver to make merit. By giving food in this lifetime, Buddhists believe that they will not go hungry in the next lifetime. If you are interested in making merit this way, talk to your hotel's concierge. See chapters 4 and 5.
- · Staying in a Hill-Tribe Village near the China Border (Laos): They still ask visitors, "Why do you come here, anyway?" in villages along the Nam Ha River in northern Laos. Thanks to the folks who run the Nam Ha Ecotourism Project, these vast tracts of pristine jungle won't be overrun by tourists anytime soon. Jungle trekking or river kayaking takes you through lush jungle terrain where you're likely to see monkeys and exotic birds. You'll arrive in villages where kayaks are still an oddity, and spend fun evenings around the fire communicating by charades or stick figures in a notebook. It's not about the villages being "pristine"; it's about the fact that your visit is part of a cultural exchange. See chapter 5.
- Participating in a Baci Ceremony (Laos): The Baci is a touching Lao ceremony used to say welcome or farewell and to honor achievements. Participants sit in a circle and receive group blessings, after which there is traditional dancing and *lao lao*, rice wine. It's a chance for the ultrafriendly Lao people to express their hospitality to you, their honored guest. See chapter 5.
- Sailing the South China Sea (Vietnam): Opportunities for watersports and sailing are many as you travel along Vietnam's coast. Most resorts have boats for rent, and Nha Trang is a good bet, as is the area off Mui Ne Beach near Phan Thiet, which is becoming a very popular kite-surfing and windsurfing spot. See chapter 6.
- Waiting for the Magic Hour at Angkor Wat (Cambodia): You'll want to plan your day around it, and temple aficionados all have their favorite spots; but whether from a hillside overlooking a glowing temple facade or from the heights of the main temple itself, with the horizon framed by the famed ancient towers, be sure to see an Angkor sunset. Sunrise is equally worth the early morning ride. See chapter 7.
- Sipping a Singapore Sling in the Long Bar at the Raffles Hotel (Singapore): Ah, the Long Bar, home of the Singapore

- Sling. Sheltered by long timber shutters that close out the tropical sun, the air cooled by lazy punkahs (and air-conditioning), you can sit back in an old rattan chair and have a saronged waitress serve you sticky alcoholic creations while you toss back a few dainty crab cakes. It's fun to imagine the days when Somerset Maugham, Rudyard Kipling, or Charlie Chaplin would be sitting at the bar. Come in the afternoon, before the tourist rush. See chapter 8.
- Walking the Streets of Georgetown (Penang, Malaysia): Evidence of former British colonization and early Chinese, Indian, and Arab immigration is apparent in many major cities in Malaysia, but Penang has a special charm. In some ways, the city still operates the way it did half a century ago. Life hums in these streets, and for anyone who has witnessed the homogenization of Singapore

or the modernization of Kuala Lumpur, Penang is a charming reminder of what life might have been like in these old outposts. See chapter 9.

Observing Open-Air Public Cremations (Bali): Hindus believe that cremation is the only way a soul can be freed of its earthly body and travel to its next incarnation (or to enlightenment), so cremations are joyous occasions, full of floats and fanfare that can resemble a Mardi Gras parade. Complicated towers hold the body, carried aloft by cheering men. At the burning ground, the body is placed in a receptacle resembling a winged lion, a bull, or some other fabulous creature, and is set on fire. It's beautiful and awesome, a marvelous show of pageantry and faith, and yet a natural part of everyday life. Western visitors are welcomed. See chapter 10.

2 THE BEST TOWNS & VILLAGES

- Chiang Saen (Thailand): Crumbling 11th-century temples take you back to the birthplace of the Lanna Kingdom, one of Thailand's wealthiest and most influential. The nearby Golden Triangle, a notorious trade point for the international opium industry, has an opium museum and riverside views of Laos, Thailand, and Myanmar. See chapter 4.
- Luang Prabang (Laos): This town, proclaimed a World Heritage Site by UNESCO for its glorious Buddhist temples, is also a charming retreat. Shady lanes are lined with French-style country homes that have been restored and converted to house cafes, galleries, shops, and some quaint guesthouses. The sunset over the lazy Mekong is the perfect end to a day spent in Luang Prabang. See chapter 5.
- Hoi An (Vietnam): The small size of Hoi An belies its importance to Vietnam; it was once a major trading port, with canals leading right up to merchants' quarters for easy delivery of goods. The canals are now peaceful streets, but little else has changed. Almost every building in central Hoi An is a historic Vietnamese-, Japanese-, and Chinese-influenced residence or meeting hall. See chapter 6.
- Phnom Penh (Cambodia): Few countries' capitals could be called quaint or fall under the category of a "town," and that's the very charm of this riverside burg. They say you either love it or hate it, that it's a place for expats and not tourists, but in a short stroll through the town center, you'll come across a unique mix. First you'll encounter a row of tourist cafes, the streets buzzing with

motorbikes and choked with dust, but turn the corner and you'll find a quiet alley, a row of colonials, a lone kid kicking a soccer ball, and a grim-looking grandmother breaking into a smile as you walk by. There's something special here. See chapter 7.

 Ubud (Bali): This is the cultural heart of Bali, bursting with art and greenery and some of the best food on the island. Even though it's dependent on tourism and is far from a typical Balinese village, you still get a sense of a real town, with real life going on around you. Ubud is the richest region in Bali for art production and, because of its central location, the town is the perfect base for exploring the rest of the island. See chapter 10.

3 THE BEST BEACHES

- Chaweng Beach (Ko Samui, Thailand): Chaweng is real fun in the sun. The beach itself is gorgeous, with bungalows nestled in the trees just beyond the sand. Behind the beach lies a small town full of life, from wonderful Thai and seafood eateries to shopping and wild nightlife options. See chapter 4.
- Mai Khao Beach (Phuket, Thailand): Look to your right—nobody. Look to your left—nobody. Just 17km (11 miles) of deserted beachfront, the longest beach on Phuket, with only one resort (which also happens to be one of the island's best) dotting its shores. Not a place to come if you want to party, though, since the only excitement occurs during the Songkran festival in April, when hundreds of baby sea turtles are released into the ocean. See chapter 4.
- Mui Ne Beach (Phan Thiet, Vietnam): Just a few hours from Ho Chi Minh City (Saigon), Phan Thiet is the latest getaway in Vietnam. Oceanside development is in full swing here, and there are some great boutique resorts along the

stunning white sands of Mui Ne Beach. Golfers will enjoy the Nick Faldodesigned course, the seafood here is good, and the town of Phan Thiet itself is an interesting little fishing port worth a wander. There are some great day trips to enormous remote dunes and smaller fishing villages. See chapter 6.

- Tanjung Rhu (Langkawi, Malaysia): This huge, secluded cove has one of the longest stretches of private beach ever. Wide with soft sand, the beach has cooling shady spots provided by palm trees overhead and beautiful deep-blue waters for good swimming. Best of all, there's only one resort here (and the beach is kept picture-perfect), so you won't have to elbow for space or suffer jet skis. See chapter 9.
- Lombok (off coast of Bali, Indonesia): The pure white-sand beaches of Lombok, with clear aqua-blue water lapping against them, are sometimes so private that you can have one all to yourself. And Lombok is just a short hop from neighboring Bali. See chapter 10.

4 THE BEST OUTDOOR ADVENTURES

• Exploring Phang Nga Bay (Thailand): From the island of Phuket, sea-canoe operators guide visitors through the caves hidden deep inside the craggy island rocks of Phang-Nga Bay. Outside, the islands thrust up to the sky, their jagged edges laced with scattered trees. Lie flat in your canoe to slip

- through the small cave openings, inside which you'll find magnificent chambers believed to have once hidden pirate operations. See chapter 4.
 - Caving & Kayaking in Vang Vieng (Laos): Countless caves and caverns are hidden in the magnificent mountains surrounding Vang Vieng, a small village along the Nam Song River. Some of them are well known and some are barely on the map. Kayak tours on the Nam Song include some fun caves that you'll swim into; you can test your mettle on natural mud slides. Spend your days exploring and evenings talking about it over drinks in this laid-back little backpacker town. See chapter 5.
 - Sea Kayaking in Halong Bay (Vietnam): The more than 3,000 arresting limestone karst formations rising out of Halong Bay's peaceful blue-green waters provide a natural obstacle course for paddling. Moving among them, you'll pass in and among intriguing grottoes and caverns. Nights are spent camping out in natural parks or on the deck of a mother ship. See chapter 6.
 - Trekking to Hill-Tribe Villages in Sapa (Vietnam): Dressed in elaborate costumes of leggings, tunics, and headdresses, Hmong and Yao people (among other groups) gather to sell their weavings, fine dyed clothing, or crude but intricate metalwork in the central market. In fact, the town of Sapa is famed for an ephemeral "love market," where

people from surrounding villages converge to find that special someone. A trip to Sapa means that the hill tribes come to you, but don't limit your trip to the town; be sure to get off into the countryside and trek in the shadow of Fansipan, the highest mountain in the region. Among lush terraced rice fields, you can visit many villages on even the shortest trek and experience different hill-tribe traditions and cultures. See chapter 6.

- Jungle Trekking in Taman Negara (Malaysia): With suitable options for all budgets, levels of comfort, and desired adventure, Malaysia's largest national park opens the wonders of primary rainforest and the creatures that dwell in it to everyone. From the canopy, walk high atop the forest on night watches for nocturnal life. This adventure is as stunning as it is informative. See chapter 9.
- Hiking Gunung Agung (Bali): Bali's highest mountain/volcano, Gunung Agung (3,014m/9,886 ft.), is sacred to the Balinese, whose traditions call it "the center of the world." Climbing the steaming peak is a serious trek that calls for a guide and proper supplies. Most hotels can arrange for it, but you will have to start out in the middle of the night or very early in the morning to make the top by sunrise. Nearby Gunung Batur is a less strenuous and no less rewarding half-day climb. See chapter 10.

5 THE BEST RELIGIOUS & HISTORICAL SITES

 Grand Palace & Wat Phra Kaeo (Bangkok, Thailand): These two places are number one on every travel itinerary to Bangkok, and rightly so. The palace is indeed grand, with mixtures of traditional Thai and European Victorian architecture. Wat Phra Kaeo, the royal temple that houses Thailand's revered and mysterious Emerald Buddha, is a small city in itself. See chapter 4.

 Ayutthaya (north of Bangkok, Thailand): This was the thriving capital of Siam that the first Europeans saw when they visited amazing Thailand. Ruling a rich and powerful kingdom of more than a million inhabitants, the monarchy supported the arts, especially literature. As the city grew, international trade was encouraged. Today, all that remains are brick remnants of a grand palace and many temples that were sacked during the Burmese invasion. It's best to hire a guide who can walk you through. See chapter 4.

- Sukhothai (central Thailand): Founded in the 13th century, Sukhothai ("Dawn of Happiness") was the capital of the first unified state in what is today Thailand. Its borders grew to include parts of Burma to the west and extended as far as Luang Prabang to the east. Now a UNESCO World Heritage Site, the Sukhothai Historical Park encompasses the ruins of the former royal palace as well as more than 20 temples. Best enjoyed from the seat of a bicycle and in combination with a trip to nearby Sri Satchanalai. See chapter 4.
- Wat Xieng Thong (Luang Prabang, Laos): The glittering Xieng Thong, built in 1560, sits grandly on a peninsula jutting into the Mekong River. The facades of two of its buildings are covered by glittering glass mosaics; another building contains an ornate chariot with the heads of seven dragons and the remains of a king. About a dozen English-speaking monks roam the premises; all are excellent conversationalists. See chapter 5.
- Plain of Jars (Xieng Khouang, Laos): How did hundreds of huge stone urns, some measuring 2.7m tall (9 ft.), come to be placed on a few meadows in northern Laos? No one really knows, and that's what's fun here. The most prevalent explanation is that the urns were made by prehistoric folks in the area about 2,000 years ago to be used as sarcophagi, but there's lots of room for conjecture. See chapter 5.
- Tomb of Khai Dinh (Hue, Vietnam): Khai Dinh was an egotistical, eccentric emperor who was bad for the people of Vietnam but great for the tomb he left behind. A gaudy mix of Gothic,

baroque, and classical Chinese architecture, the exterior is remarkable. The stunning interior is completely covered with intricate glass and ceramic mosaic work. See chapter 6.

- Cao Dai Holy See Temple (Tay Ninh, north of Ho Chi Minh City, Vietnam): This is the spiritual home base of the Cao Dai religion, a faith characterized by philosophical inclusion and influence gathered from all beliefs, including the world's great scientists and humanitarians. Its headquarters is like a fantasyland of colored mosaic and elaborate painting. Followers are dressed in colorful robes during the picturesque daily procession. It's quite unique. See chapter 6.
- Angkor Wat (Cambodia): One of the world's man-made wonders, Angkor Wat is the Disneyland of temples in Asia. This ancient city was known to the Western world only in myth until it was rediscovered and hacked free of jungle overgrowth in the late 1800s. The magnificent temples are arrayed over a 97-sq.-km (37-sq.-mile) compound that dates from the rise and fall of the mighty Angkor civilization (A.D. 802–1295). See chapter 7.
- Thian Hock Keng Temple (Singapore): One of Singapore's oldest Chinese temples, it is a fascinating testimony to Chinese Buddhism combined with traditional Confucian beliefs and natural Taoist principles. See chapter 8.
- Jame Mosque (Kuala Lumpur, Malaysia): Built at the central point of the city, this is one of the oldest mosques in Kuala Lumpur. It is the heart of Malay Islam. See chapter 9.
- Jalan Tokong (Melaka, Malaysia): This street, in the historic heart of the city, has a Malay mosque, a Chinese temple, and a Hindu temple living peacefully side by side—the perfect example of how the many foreign religions that came to Southeast Asia shaped its communities and learned to coexist in harmony. See chapter 9.

- Uluwatu (Bali): This dramatic cliff-side temple overlooks the crashing waves of Bali's southern beaches. See chapter 10.
 - Basakih Temple (Bali): Built in homage of Gunung Agung, the island's feisty, smoke-belching creator, the Basakih Temple does justice to the awe and grandeur of the Balinese creation

myths surrounding the volcano. The spires of individual family shrines and temples are something like Chinese pagodas, and the place is always abuzz with local worshipers. You're likely to get pulled into a ceremony here. See chapter 10.

6 THE BEST MUSEUMS

- National Museum (Bangkok, Thailand): From prehistory to recent events, this museum—the former palace of the brother of King Rama I—answers many questions about Thai history and culture through the ages. See chapter 4.
- Vietnam National Museum of Fine Arts (Hanoi, Vietnam): This large colonial house has a nice collection of newer works and historic pieces. See chapter 6.
- Cham Museum (Danang, Vietnam): This open-air colonial structure houses the largest collection of Cham sculpture in the world. Not only are relics of this ancient Hindu-inspired culture rare, but the religious artwork itself—more than 300 pieces of sandstone—is also voluptuous, captivating, and intense. See chapter 6.
- National Museum (Phnom Penh, Cambodia): Don't miss this repository

for the statues and relief sculpture that have been recovered from the Angkor temples and other ancient sites throughout Cambodia. See chapter 7.

- Tuol Sleng, Museum of Genocide (Phnom Penh, Cambodia): Be warned that a visit here is quite intense—too much for some. The museum is the shell of Cambodia's largest prison from 1975 to 1979, when the entire country was turned into a concentration camp. See chapter 7.
- **Peranakan Museum** (Singapore): This brand-new display is the only museum in the world solely devoted to Peranakan culture, a subculture of intermarriage that is unique to Southeast Asia. See chapter 8.

7 THE BEST FESTIVALS & CELEBRATIONS

 Songkran (Thailand): Every year from April 13 to April 15, Thais welcome the new year (according to their calendar). Because Songkran falls in the middle of the hottest season in an already hot country, how do you think people celebrate? Every Thai heads out into the streets with water guns and buckets of ice water—plus handfuls of talcum powder, just to add to the mess—and spends the next 3 days soaking one another—and *you*. Foreigners are especially favorite targets. See chapter 4.

- **Dragon Boat Races** (Laos): Celebrating the end of Buddhist Lent, dragon boat races are held in every riverside town in Laos (and that's most towns, really). See chapter 5.
- That Luang Festival (Vientiane, Laos): In early November, thousands of Buddhist followers from all over the country, and even a few neighboring countries, converge on the spectacular That Luang temple in Vientiane. See chapter 5.
- Chinese New Year (Singapore): If you're in Southeast Asia around the end

of January or the beginning of February, hop up to Hong Kong or down to Singapore for the festivities. See chapter 8.

 Thaipusam (Singapore & Malaysia): Around the end of January and the beginning of February, Hindus celebrate Thaipusam. Men give thanks for prayers answered by carrying *kavadi*, huge steel racks attached to their bodies with skewers piercing the skin. See chapters 8 and 9.

8 THE BEST RESORTS & LUXURY HOTELS

- The Oriental, Bangkok (Bangkok, Thailand): The original address in Thailand, the Oriental has seen modernization detract from its charms of yesterday, but there's still ambience all around. See p. 79.
- JW Marriott Phuket Resort & Spa (Phuket, Thailand): One of the most relaxing resorts in Thailand, the JW Marriott is set on a secluded 17km (11mile) stretch of white-sand beach far from the debauchery and din of Patong. An ideal getaway. See p. 164.
- Four Seasons Resort Chiang Mai (Chiang Mai, Thailand): Set in the hills of the Mae Rim Valley north of Chiang Mai, luxurious Lanna-style pavilions overlook working terraced rice paddies. Each suite has its own *sala* from which to admire the grounds and surrounding hills. See p. 190.
- La Résidence Phou Vao (Luang Prabang, Laos): Lording it over the town in boutique luxury, the gardens and large suites of the Phou Vao (formerly the Pansea) are comfortable, and the atmosphere is done to a T. This is typical of other Orient Express properties in the region. See p. 242.
- Settha Palace Hotel (Vientiane, Laos): Once the address of note for visitors to the French colony, the Settha Palace only recently returned from obscurity and is now one of the finest hotels in the region. It's a nice marriage of colonial elegance and modern comfort. See p. 227.
- Sofitel Metropole Hanoi (Hanoi, Vietnam): The history of the Metropole, one of the country's premier grande dames,

tells the history of the last tumultuous century in Vietnam. Though everything is luxurious and comfortable and you're in a prime downtown location, you'll certainly feel like you've walked into old Indochina. See p. 286.

- Six Senses Hideaway at Ninh Van Bay (Nha Trang, Vietnam): Earth-toned private villas are secreted away in a secluded cove near Nha Trang that can only be reached by boat. Set into the forested beach or rocky coast, and each with a private pool, the Hideaway's villas portend good things for Vietnam's luxury getaways. Nothing else in the country comes close. Yet. See p. 341.
- **Sofitel Dalat Palace** (Dalat, Vietnam): It's real old-world opulence in the king's former castle in Vietnam's central highlands. Private spaces are decorated in a cool colonial baroque style, while service is, in short, kingly. See p. 350.
- The Nam Hai (Hoi An, Vietnam): The first glimpse of the infinity pools disappearing into the ocean horizon will leave you breathless. This stylish new resort, perched on a stretch of private beach, is an absolute must for those seeking a romantic getaway or a pampered, luxurious vacation. See p. 326.
- Amansara (Siem Reap, Cambodia): If there's one place to splurge on a jaunt through Southeast Asia, this is the one. Built around former King Sihanouk's private guesthouse, the Amansara is flawless in detail and service, making it a perfect base of operations for exploring the temples of Angkor. See p. 419.

15

- 16 Raffles Hotel (Singapore): For oldworld opulence, Raffles is second to none. This is a pure fantasy of the days when tigers still lurked around the perimeters. See p. 455.
 - Shangri-La Hotel (Singapore): The Shang is a meticulously landscaped tropical oasis, with lush garden views from every angle. Three individual wings give you a choice of accommodations styles: urban contemporary, natural resort, and Asian opulence. See p. 460.
 - Hilton Kuala Lumpur (Kuala Lumpur, Malaysia): The rooms feel like suites, decorated in slickety-slick contempo style with the latest entertainment and IT built in—even in the bathrooms. See p. 545.
 - Four Seasons Langkawi (Langkawi, Malaysia): This resort is an exotic Moorish paradise on the most gorgeous beach in Malaysia. Rooms and public areas drip with the ambience of the *Arabian Nights*. Three words: To. Die. For. See p. 573.

- Four Seasons Resort at Jimbaran Bay (Jimbaran, Bali): With its individual bungalows and plunge pools overlooking the blue sea and its famous Four Seasons pampering, this is one of the great hotels in the world. See p. 614.
- COMO Shambhala (Ubud, Bali): This resort is so self-confident that it calls itself "The Estate"—and it's a title that's well-earned. With 41 hectares (100 acres) of sculpted grounds and wild jungle, top-notch detox and wellness programs steered by qualified specialists, and elegant rooms with antique touches, you may never want to leave. See p. 621.
- Chedi Club at Tanah Gajah (Ubud, Bali): The private villas offer plunge pools, indoor and outdoor Bose speaker systems, huge outdoor bathtubs, butlers that cater to your every demand, and plenty of complimentary services that make other hotels seem stingy. See p. 620.

9 THE BEST HOTEL BARGAINS

- Majestic Grande (Bangkok, Thailand): The Majestic could rightly be called either a small-scale luxury hotel or a bloated boutique hotel. It's in a prime spot off bustling Sukhumvit, with rooms going for half the price of the large chains. See p. 88.
- Tamarind Village (Chiang Mai, Thailand): If you're going to travel on a budget, do it with style—and style is what Tamarind Village has wrapped up in its quiet courtyard in the middle of Old Town. Rooms are new and rather spartan in concrete and rattan, but everything is tiptop. See p. 188.
- Day Inn Hotel (Vientiane, Laos): There's a comfortable, laid-back feel here, and this many long-stay visitors

can't be wrong. You'll find rooms for \$32 (£18). See p. 229.

- **Spring Hotel** (Ho Chi Minh City, Vietnam): Not especially luxurious, but rooms in this privately owned downtown property (one of few nongovernmental places in Saigon) start at \$36 (£20). It's light on amenities but very comfortable, convenient, and friendly. See p. 374.
- Goldiana (Phnom Penh, Cambodia): It's no-frills, but friendly and cheap, set in a quiet neighborhood south of the town center. The hotel is popular with long-staying visitors and NGO workers. See p. 406.
- Perak Hotel (Singapore): A homey budget gem on the edge of Little India,

where narrow back alleys are filled with excellent food, great shopping, convenient facilities for backpackers, and tons of cultural charm. See p. 457.

- Swiss-Inn (Kuala Lumpur, Malaysia): Right in the center of Kuala Lumpur's bustling Chinatown, the Swiss-Inn is the perennial favorite for travelers here. A comfortable choice, plus it's so close to everything. See p. 547.
- Heeren House (Melaka, Malaysia): Bargain or no bargain, this boutique hotel in the heart of the old city is the place to stay in Melaka if you want to really get a feel for the local atmosphere. See p. 556.
- Telang Usan Hotel (Kuching, Malaysia): An informal place, Telang Usan is homey and quaint, and within walking distance of many major attractions in Kuching. See p. 580.

- **The** *Losmen* (Homestays) of Bali: These small-time accommodations will give you a large, comfortable (though no-frills) room or bungalow with a big, often fancy breakfast for about \$5 a night for two. See chapter 10.
- Alila Manggis and Alila Ubud (Bali). These twin resorts have nearly all the amenities of luxury properties but at rates ranging from \$100 to \$150 (£67– £100) per night. You'll have to put up with slightly cramped rooms, but in return you'll get beautiful common areas, stellar service, excellent food, and expert spa treatments. And just in case you don't want to sit by the beautiful infinity pool at the Ubud property, the Alila offers a daily activity schedule with cooking classes, treks, and cultural lessons. See p. 622.

10 THE BEST LOCAL DINING EXPERIENCES

- Street Food (Bangkok, Thailand): On every street, down every alley, you'll find someone setting up a cart with an umbrella. Noodles, salads, and satay are favorites, and some hawkers set up tables and stools on the sidewalk for you to take a load off. See chapter 4.
- Kua Lao (Vientiane, Laos): Kua Lao serves traditional Lao cuisine in a restored colonial—it's the premier Lao restaurant in the country. The extensive menu goes on for pages. See p. 231.
- *Pho* (Vietnam): Don't leave the country without sampling one, if not many, bowls of this delicate noodle soup, made with vermicelli (thin rice noodles), chicken (*ga*) or beef (*bo*), and several fresh accompaniments, according to the chef's whim or local flavor. See chapter 6.
- Ngon Restaurant (Ho Chi Minh City, Vietnam): It's loud and busy, but diners

have their choice of food from the many authentic street stalls that line the central courtyard. Locals eat here; and though there is an English menu, go with a Vietnamese friend or ask for a recommendation from the friendly (but always busy) staff. See p. 378.

- Hawker Centers (Singapore): Think of them as shopping malls for food—great food. Walk around and select anything you want as it's prepared right before your eyes. See chapter 8.
- Gurney Drive Food Stalls (Penang, Malaysia): Penang is king for offering a variety of Asian cuisines, from Chinese to Malay, Indian, and everything else in between. See p. 567.
- *Warungs* (Bali): The Balinese equivalent of the greasy-spoon diner in America, *warungs* can be found on every street corner. The food can be authentic, delicious, and cheap. See chapter 10.

11 THE BEST MARKETS

- Chatuchak Weekend Market (Bangkok, Thailand): You can easily get lost and certainly spend hours wandering this labyrinth. Don't buy anything until you spend at least a half-day wandering down the endless aisles eyeballing the multitude of merchandise available. See chapter 4.
- Night Bazaar (Chiang Mai, Thailand): Most of those gorgeous handicrafts you find all over Thailand are made in the north, and at Chiang Mai's sprawling Night Bazaar, you'll find the widest selection and best quality. See chapter 4.
- Morning Market (Vientiane, Laos): Laos's famous market is three huge buildings with traditional tiered roofs. Silver handicrafts, fabrics, jewelry, electronics, books, and more occupy each building's several floors. The proprietors are friendly, gentle bargainers. See chapter 5.
- Central Market (Hoi An, Vietnam): On the banks of the busy Perfume River lies this entire city block of narrow, roofed

aisles. Products of every description are for sale inside: handicrafts, household items, and services such as facials and massages. On the outskirts, an entire warehouse is devoted to silk and silk tailoring. See chapter 6.

- Central Market (Phnom Penh, Cambodia): This is where it all happens in Phnom Penh. The main building is a massive Art Deco rotunda with wings extending in all directions. It's an anthill of activity on any given day, and you can get some interesting bargains and unique finds. See chapter 7.
- Arab Street (Singapore): Sure, Singapore is a shopper's paradise, but it needs more places like Arab Street, where small shops lining the street sell everything from textiles to handicrafts. Bargaining is welcome. See chapter 8.
- Central Market (Kuala Lumpur, Malaysia): This is one-stop shopping for all the rich arts and handicrafts Malaysia produces—and it's air-conditioned, too. See chapter 9.

뒢 🗴 Everything Has a Price: Haggling

Prices are never marked in the small shops and at street vendors in Southeast Asia. You must bargain. The most important thing to remember when bargaining is to keep a friendly, good-natured banter between you and the seller. Before you start out, it's good to have some idea of how much your purchase is worth, to give you a base point for negotiation. A simple "How much?" is the place to start, to which the vendor will reply with the top price. Check at a few vendors before negotiating, and never accept the first price. Try a smile and ask, "Is that your best price?" Vendors will laughingly ask for your counteroffer. Knock the price down about 50%—they'll look shocked, but it's a starting point for bidding. Just remember to smile and be friendly, and remain willing to walk away (or fake it). **Caveat:** If it's a larger, more expensive item, don't get into major bargaining unless you're serious about buying. If the shopkeeper agrees on what you say you're willing to pay, it's considered rude not to make the purchase.

12 THE BEST SHOPPING BARGAINS

- Antiques (Thailand): Before you head out on vacation, visit some Asian galleries in your home country and take a look at the prices of the items you like. Once you're here, you'll be amazed at how little these things really cost. Most places will be glad to pack and ship purchases for you, and you'll still come out ahead. See chapter 4.
- Tailored Silk Suits (Thailand; also Hanoi, Hoi An, and Ho Chi Minh City, Vietnam): For a fraction of what you'd pay at home, you can have a lined silk (or wool) suit tailored in a day or less, including a fitting or two. Bring pictures of your favorite designer outfits for a clever copy, and pick up an empty suitcase or two for the trip home. See chapters 4 and 6.
- Hand-Woven Textiles (Laos): The Laos hand-weave textured fabrics piece by piece on primitive wooden looms. Such painstaking work costs more than a few dollars, but, ranging from sophisticated silk to gaily colored ethnic prints, the designs are pure art and uniquely Laotian. See chapter 5.

- Silver or Lacquer Handicrafts (Vietnam): The workmanship is tops and the prices low throughout Vietnam, particularly for lacquerware. Bargain hard and make sure that the silver is genuine. See chapter 6.
- Silver Filigree Jewelry (Malaysia): Silver is worked into detailed filigree jewelry designs to make brooches, necklaces, bracelets, and other fine jewelry. See chapter 9.
- **Pewter** (Malaysia): Malaysia is the home of Selangor Pewter, one of the largest pewter manufacturers in the world. Its many showrooms have all sorts of items to choose from. See chapter 9.
- Fabric & Woodcarvings (Bali): Even with the "rich man's tax" for tourists in Bali, just about anything you buy on the island is a bargain compared with the same stuff back home. Commissioned fabric and woodcarvings are a particularly good deal. See chapter 10.

13 THE HOTTEST NIGHTLIFE

- Patpong (Bangkok, Thailand): Yes, that Patpong. If go-go bars and sex shows aren't your style, you'll still find plenty to do. After you're finished shopping in the crowded Night Market, you'll see plenty of restaurants, pubs, and discos that cater to folks who prefer more traditional nightlife. See chapter 4.
- **Disco Lives!** (Laos): Go to a disco . . . any disco. In the basement of Vientiane's Lao Plaza Hotel is a reasonable big-city facsimile, but ask around in any small town for what's going on. See chapter 5.
- Ho Chi Minh City (Vietnam): From the tawdry to the socialite scene, you'll find it in Ho Chi Minh City (Saigon). Most evenings begin with an elegant (but very reasonable) French or Vietnamese dinner; then it's barhopping time in the compact downtown, mingling with trendy locals and fun-loving expats. See chapter 6.
- **Singapore:** Nightlife is becoming increasingly sophisticated in Singapore, where locals have more money for recreation and fun. Take the time to choose the place that suits your personality. See chapter 8.

- 20 Bangsar (near Kuala Lumpur, Malaysia): Folks in Kuala Lumpur know to go to Bangsar for nighttime excitement. A couple of blocks of concentrated restaurants, cafes, discos, pubs, and wine bars will tickle any fancy. See chapter 9.
- Seminyak (Bali): Certain nightclubs such as Paparazzi and Bacio don't even get going until 2am, but there are plenty of options including Living Room and Hu'u Bar to keep you busy until then. See chapter 10.