

The Best of China

With every new edition of this book, identifying the “best of China” becomes a more and more difficult task. As this once isolated giant awakens, forces are being unleashed that impact tourism. Devastating pollution, widespread corruption, and the sheer volume of tourists have transformed many of China's best-known sights into filthy, overpriced circuses. To find the very best that China has to offer, it is sadly becoming more important to know what to avoid, rather than what to see.

Perhaps the best advice that we can give is to focus on nature. After suffering through the devastating Cultural Revolution, what little remains of the country's much-vaunted 5,000 years of culture is being lost in the rush to get rich—even small cities have become heavily polluted sweatshops. Fortunately, China still has some of the most spectacular natural scenery on the planet. Many places within the People's Republic have only recently been opened to visitors, so we have only had a few decades to unlock some of this enormous realm's secrets. While we certainly do not claim to have uncovered everything, we have been truly inspired by this huge treasure house, and have included here what we have discovered so far.

1 THE BEST CHINA EXPERIENCES

- **Exploring the Forbidden City's Forgotten Corners** (Beijing): No one fails to be impressed by the grandeur of the Forbidden City's central axis, which is all most visitors see. But the quieter maze of pavilions, gardens, courtyards, and theaters to either side have the greater charm. See p. 122.
- **Getting Lost in the lanes around Beijing's Back Lakes:** No other city in the world has anything quite like the *hutong*, narrow lanes once “as numberless as the hairs on an ox.” Now rapidly vanishing, the best-preserved *hutong* are found around a pair of man-made lakes in the city center. This area is almost the last repository of Old Beijing's gritty, low-rise charm, dotted with tiny temples, hole-in-the-wall noodle shops, and quiet courtyard houses whose older residents still wear Mao suits. See the walking tour, “The Back Lakes,” on p. 137.
- **Walking on the Great Wall from Jinshanling to Simatai** (Beijing): The Great Wall, winding snakelike through the mountains, was meant to be walked. This magnificent 3-hour hike follows China's greatest monument through various states of repair, from freshly restored to thoroughly crumbling, over steep peaks and gentle flats, and through patches of wilderness and rugged farmland, with over two dozen watchtowers along the way. See chapter 5.
- **Strolling Past the Old Russian Architecture in Harbin:** At the heart of the Russian-built city, Zhongyang Dajie's unexpected cupola-topped Art Nouveau mansions are reminders of the 1920s and 1930s, when Harbin was the liveliest stop on this leg of the Trans-Siberian Railroad. See chapter 6.
- **Cycling the City Wall in Xi'an:** The largest city walls in China have been

much pierced for modern purposes and can be tackled in a modern way, too, with a breezy, traffic-light-free ride above the rooftops on rented bicycles and tandems. Behold views of remnants of vernacular architecture, clustered around small temples. See chapter 8.

- **Gazing at the Sea of Terra-Cotta Warriors at the Tomb of Qin Shi Huang** (Xi'an): The first sight of the tomb, in a hangarlike building, leaves many visitors stunned and awed. This destination is at the top of almost every visitor's list, and it does not disappoint. See p. 278.
- **Strolling the Old Neighborhoods of Kashgar:** Spending hours watching how citizens of Kashgar live is one of the most rewarding experiences along the Silk Road, but government plans to redevelop most of the old city are in action and soon this will all be gone. For now the dusty alleys, colorful residential doorways, and mud-brick walls remain as they have been for decades. Kids with henna-dyed feet and fingernails will approach you speaking a few words of Chinese and English; men with donkey carts trudge down narrow passages; bakers arrange round large slabs of naan in coal ovens built into the ground. Get there while you can! See p. 332.
- **Dining on Shanghai's Bund:** The most widely known street in Asia, with its gorgeous colonial buildings that were the banks, hotels, trading firms, and private clubs of foreign taipans (bosses of old Shanghai's trading firms) and adventurers past, deserves to be walked over and over again. After you've seen it by day, come back again at night for a different perspective. See chapter 10.
- **Strolling in Shanghai's French Concession:** This is the most interesting of the colonial districts left in Shanghai, filled with the gorgeous villas, mansions, and apartment houses of the

1920s and 1930s when the French made their mark here. Plenty of Art Deco gems abound, hidden behind years of grime and buried beneath webs of laundry poles, awaiting discovery, so keep your head up. See chapter 10.

- **Riding the Star Ferry** (Hong Kong): The subway between Kowloon and Hong Kong Island may be quicker, but it doesn't hold a candle to the historic Star Ferry, offering one of the most dramatic—and cheapest—5-minute boat rides in the world. The trip is a good reminder that Hong Kong, with its breathtaking skyline, is dominated by water, with one of the world's busiest harbors. See chapter 12.
- **Exploring the Karst Scenery around Yangshuo:** The cruise down the Li River between Guilin and Yangshuo may be overexposed and overpriced, but the scenery remains absolutely captivating. Avoid the pricey taxis and motorbike rentals and explore instead in traditional Chinese style, by bicycle. Both the Yulong River and the Jin Bao are still relatively peaceful as they flick lazily through serrated hills like dragon's teeth. See chapter 13.
- **Exploring Lijiang's Old Town:** Built over 800 years ago and partly rebuilt after a massive 1996 earthquake, Lijiang's old town, with its maze of cobblestone streets, gurgling streams, and original and reconstructed traditional Naxi houses, is one of the most atmospheric places in China—hordes of tourists notwithstanding. Rise before the sun, then watch its golden rays filter through the gray winding streets, lighting up the dark wooden houses. See chapter 13.
- **Unwinding in a Sichuan Teahouse:** One of the great pleasures of being in Sichuan is drinking tea at a neighborhood teahouse. On any given afternoon at Qingyang Gong in Chengdu, for instance, seniors can be found playing

mahjong with friends while their caged songbirds sit in nearby trees providing ambient music. As patrons eat watermelon seeds, nuts, dried squid, or beef jerky, attendants appear at regular intervals to refill their cups from copper kettles. For an afternoon of perfect relaxation, stop by and forget about sightseeing for a few hours. See chapter 14.

- **Taking a “Peapod” Boat Tour** (Yangzi River): The best of the Three Gorges cruise excursions, a 2-hour journey

through a long, narrow canyon takes passengers to one of the famous suspended coffins of the Ba people, then returns downstream in a fraction of the time. Along the way, howler monkeys may be spotted swinging through the trees, small waterfalls appear from the rocks, and swallows and other small birds flit about. The water in this small tributary is surprisingly clear, and the scenery and silence are thoroughly calming. See chapter 14.

2 THE BEST SMALL TOWNS

- **Manzhouli** (Inner Mongolia): A tiny town of 50,000 on the Russian border, lost in a sea of grass, Manzhouli is the East-meets-Wild-West frontier outpost the late David Carradine should have used as the backdrop to the TV series *Kung Fu*. It stands on the edge of the Hulun Buir, an emerald expanse of grassland shot through with radiant patches of wildflowers. See p. 223.
- **Xia He** (Gansu): This delightful monastery town nestles in a mountain valley at an elevation of 2,900m (9,500 ft.). It's divided into two sections: primarily Hui (Muslim) and Han Chinese at its eastern end, changing abruptly to Tibetan as you climb westward to the gorgeous gilded roofs of the vast Labrang Monastery. Tibetan pilgrims make you welcome on the 3km (2-mile) circuit around the monastery's perimeter. Following Tibetan protests, the town was completely closed to foreign visitors until July 2009, and for now you must arrange your visit in advance through a travel agent. Check for the latest before you go. See p. 295.
- **Dunhuang** (Gansu): Surrounded by barren deserts, this oasis town beckons with sand dunes, camel treks, and the Buddhist cave art of Mogao. Its tree-lined streets and backpacker cafes give it a laid-back feeling that is hard to find elsewhere in China. See p. 305.
- **Yangshuo** (Guangxi): While much of the central area is now tacky and over-commercialized, this small town on the Li River, nestled in a cluster of spiny pinnacles, has retained enough of its laid-back charm to be a delightful alternative to Guilin. Yangshuo is at the cutting edge of Chinese tourism and features some of its best innovations as well as some of its worst. See p. 623.
- **Dali** (Yunnan): This home of the Bai people, a backpacker's mecca recently gentrified for larger numbers of tourists, remains a retreat from the world. You can hike part of the impressive 19-peak Green Mountains (Cang Shan) to the west, sail on the cerulean Er Hai Lake to the east, and take a bike ride into any of the nearby Bai villages. See p. 661.

3 THE BEST COUNTRYSIDE TRIPS

- **Eastern Qing Tombs** (Hebei): This rural tomb complex offers more to the visitor than the better-known Ming Tombs, but sees a fraction of the visitors. Though difficult to reach, the effort is rewarded many times over by the Qianlong emperor's breathtakingly beautiful tomb chamber, Yu Ling, and an (unintentionally) drop-dead funny photo exhibit of the much-maligned dowager empress Cixi. See chapter 5.
- **Changbai Shan** (Jilin): This long-dormant 2,600m-high (8,500-ft.) volcano is home to Tian Chi, a deep, pure, mist-enshrouded crater lake that straddles the China–North Korea border and is sacred to both Koreans and Manchurians. The northern approach to the lake, with its trail that climbs alongside the thundering Changbai Waterfall, is best in the fall. The western approach is ideal in early summer, when its vast fields of vibrant wildflowers are in full bloom. See p. 208.
- **Hulun Buir Grasslands** (Inner Mongolia): Located just outside the remote border town of Manzhouli, the Hulun Buir's grasslands are the most pristine in China. This expanse of gentle emerald hills, perfectly punctuated with small streams and rocky outcrops, is all the more attractive for how difficult it is to reach. See chapter 6.
- **Langmu Si** (Gansu): This Tibetan monastic center is still largely unknown to Chinese tourists, and the tranquil mountain village is reminiscent of Lijiang before it was "discovered." The town is home to two major Tibetan monasteries, housing around 1,000 monks whose chanting of the scriptures may be heard throughout the day. Ramble through narrow ravines and moraine valleys crowded with wildflowers, or take a horse trek up Flower Cap Mountain to obtain stunning views as far as the holy mountain of Amnye Machen. See p. 298.
- **Karakul Lake** (Xinjiang): On the highway between Kashgar and Tashkurgan lie stark, jagged mountains surrounded by a pristine lake at an altitude nearly 4,000m (13,120 ft.). Come here for some peace and quiet and a change of scenery from the dusty Uighur towns along the Silk Road. See p. 338.
- **The Bamboo Forests of Anji** (Zhejiang): Vast oceans of bamboo, immortalized by the kung-fu acrobatics of *Crouching Tiger, Hidden Dragon*, this is a part of the county that will appeal to the emerging generation of eco-travelers. Apart from mystical, secluded groves, the bamboo museum highlights a plant that is receiving more and more attention as we begin to recognize the importance of sustainable lifestyles. See p. 491.
- **Yandangshan** (Zhejiang): A less well known, but equally stunning, collection of spectacular peaks that rival any other area in the country but as yet do not have the same stratospheric ticket prices. See p. 497.
- **Around Lijiang** (Yunnan): This area offers a wide variety of countryside experiences, from riding a chairlift up to the glacier park of the magnificent, snowcapped Jade Dragon Snow Mountain, to hiking the sheer-sided Tiger Leaping Gorge while the Yangzi River rages below. See p. 684.
- **The Tea Horse Caravan Trail** (Yunnan): The ancient caravan town of Shaxi has been restored and renovated with great care and attention by a Swiss architecture institute. The old town is a welcome relief from the usual hordes of domestic tourists, with authenticity and history replacing the usual souvenir shops and cafes. See p. 674.

- **Jiuzhaigou** (Sichuan): This national park has dense forest, green meadows, rivers, rapids, ribbon lakes in various shades of blue and green, chalky shoals, and waterfalls of every kind. Of cultural interest are six Tibetan villages of the original nine from which this valley gets its name. See p. 717.
- **Wulingyuan & Zhangjiajie** (Hunan): This scenic area is made up of three subtropical parklands, with quartzite sandstone peaks and pillars to rival Guilin's scenery. There are plentiful rare plants and insects, swarms of butterflies, a large cave with calcite deposits, and stunning views through bamboo, pine, and oak forests. See p. 751.
- **Amnye Machen** (Qinghai): The route around this holy mountain, for a while believed to be the world's highest, must be clockwise—turning back is sacrilegious. So once you start on the 4- to 5-day horse trek, or the 7- to 10-day walk with the aid of a baggage-carrying yak, there's no turning back. But the scenery around the 6,282m (20,605-ft.) peak, and the company of sometimes entire villages of Tibetans, make the trek well worthwhile. See p. 775.
- **Everest Base Camp** (Tibet): Whether by 3-hour drive from the village of New Tingri, or by a 3- to 4-day trek from Old Tingri, the trip to the tented base camp (at 5,150m/16,890 ft.) or to rooms in Rongbuk Monastery (at 4,980m/16,330 ft.) offers unbeatable vistas of the world's toothiest snowcaps set against a startling cobalt sky. See p. 801.

4 THE BEST MANSIONS & PALACES

- **The Forbidden City** (Beijing): Preeminent among the surviving complexes of ancient buildings in China, the former residence of the emperors needs far more time than most tours give it. See p. 122.
- **Bishu Shanzhuang** (Chengde): The imperial summer resort and its surrounding Eight Outer Temples form another of the greatest ancient architectural complexes of China, arranged around a green valley. The temples have bizarre borrowings from a number of minority architectural traditions, and both temples and palace have 18th-century replicas of buildings of which the country is most proud. See p. 156.
- **Wang Jia Dayuan** (Hebei): With investment from a Beijing entrepreneur, part of a traditional courtyard mansion that once housed Shanhaiguan's wealthiest burgher has been magnificently restored and is expected to expand farther south. Set in the heart of the old walled town, it also boasts a folk museum crammed with curiosities. Four of the rooms are available for overnight stays, although you'll have to be out before the next day's visitors arrive. See p. 163.
- **Wei Huanggong** (Changchun): Also known as the Puppet Emperor's Palace and best known in the west as the setting for part of Bernardo Bertolucci's film *The Last Emperor*, this impressive palace complex, opened to visitors after an admirable full-scale restoration in 2002, was the residence of Henry Puyi, China's last emperor and subsequently puppet ruler of Japanese-controlled Manchukuo. See p. 198.
- **Qiao Jia Dayuan** (Pingyao): One of the loveliest of the several merchant family mansions of this area, this was the set for the film *Raise the Red Lantern*. With six large courtyards, 313 houses, and fine craftsmanship of lattices, lintels, carvings, wooden balustrades, and chimneys throughout, the 18th-century manse takes hours to explore. See p. 255.

- **Wang Jia Dayuan** (Pingyao): It took a century for this vast mansion to grow to 123 courtyards and 1,118 houses; the decorative lattice screens and windows, shaped openings between rooms and courtyards, and undulating walls are exquisite examples of Ming and Qing vernacular architecture. See p. 256.
- **Potala Palace** (Lhasa): A monastery, a palace, and a prison, the Potala symbolizes

the fusion of secular and religious power in Tibet in a vast, slab-sided, red-and-white agglomeration on a hilltop dominating central Lhasa. Despite the modern Chinese developments which surround it, there's still no more haunting sight within China's modern political boundaries, and nothing else that speaks so clearly of the otherness of Tibet. See p. 785.

5 THE BEST MUSEUMS

- **Shanxi Lishi Bowuguan** (Xi'an): If you can visit only one museum in China, this should be it. An unrivaled collection of treasures, many demonstrating Xi'an's international contacts via the Silk Routes, is more professionally displayed here than almost anywhere else in the mainland, especially since recent renovations. See p. 277.
- **Nanjing Datusha Jinianguan** (Nanjing): The deaths of over 300,000 Chinese, killed over the course of 6 weeks during the 1937 Japanese invasion of Nanjing, are commemorated here. Photographs and artifacts documenting the Japanese onslaught, the atrocities suffered, and the aftermath, are sobering, grisly, and shockingly effective. See p. 406.
- **Shanghai Bowuguan** (Shanghai): China's finest, most modern, and most memorable museum of historic relics has disappointed almost no visitor since it opened in the heart of People's Square. Make it a top priority, and allow a few hours more than you planned on. See p. 467.
- **Linhai Abacus Museum** (Linhai): Hidden away on the second floor of a nondescript primary school in a town that few Chinese have heard of, this

small four-room museum showcases a personal collection of over 1,400 examples of the abacus. Including designs from all ages and cultures, this is a gem well worth seeking out. See p. 507.

- **Hong Kong Museum of History** (Hong Kong): A life-size diorama of a Neolithic settlement, replicas of fishing boats and traditional houses, ethnic clothing, displays of colorful festivals, and whole streets of old shop frontages with their interiors removed piece by piece and rebuilt here, make this the most entertaining museum in China. See p. 589.
- **Sanxing Dui Bowuguan** (Chengdu): An attractive and well-laid-out museum housing items from a group of sacrificial pits, this is one of the most significant finds in 20th-century China. See p. 702.
- **Wang Anting Xiaoxiao Zhanlanguan** (Chengdu): Located in a narrow lane west of the main town square, this small, one-of-a-kind museum contains tens of thousands of Mao pins, Cultural Revolution memorabilia, and vintage photographs. The museum occupies the living room of its devoted proprietor. See p. 703.

6 THE BEST TEMPLES

See also Chengde's Bishu Shanzhuang and its Eight Outer Temples, in "The Best Mansions & Palaces," above.

- **Yonghe Gong** (Beijing): After the Qing Yongzheng emperor moved into the Forbidden City, his personal residence was converted into this temple. Several impressive incense burners are scattered throughout the golden-roofed complex, also known as the Lama Temple. A 20m-tall (60-ft.) sandalwood statue of Maitreya, the future Buddha, fills the last building. See p. 133.
- **Temple of Heaven** (Beijing): The circular Hall of Prayer for Good Harvests, one of the finest achievements of Ming architecture, is almost as well known as a symbol of Beijing as the Tian'an Men, but the three-tiered sacrificial altar of plain stone is thought by many to be the most sublime object of beauty in China. See p. 130.
- **Zhengding** (Hebei): Neither the most spectacular nor the best known of temple groups, but within a short walking distance of each other, are some of China's oldest surviving unimproved temple buildings (one of which houses a 30m-high/90-ft. multiarmed bronze of Guanyin), and a collection of ancient pagodas so varied it's almost as if they've been set out specifically to surprise you. See p. 163.
- **Yungang Shiku** (Shanxi): These are the earliest Buddhist caves carved in China. Most were hollowed out over a 65-year period between 460 and 524. Viewed as a whole, they show a movement from Indian and central Asian artistic models to greater reliance on Chinese traditions. See p. 230.
- **Maiji Shan Shiku** (Tianshui): This haystack-shaped mountain of soft red rock, covered in brilliant green foliage, is China's prettiest cave-temple site, and the only one where statuary has been added to the cave walls rather than carved out of them. Views from the stairs and walkways lacing the cliffs are spectacular (including those straight down). See p. 287.
- **Mogao Shiku** (Dunhuang): The biggest, best-preserved, and most significant site of Buddhist statuary and frescoes in all China, with the broadest historical range, the Mogao Caves, in their tranquil desert setting, should be your choice if you can see only one cave site. See p. 308.
- **Longmen Shiku (Dragon Gate Grottoes)** (Luoyang): The grottoes are much more than a temple, as these caves are considered one of the best sculptural treasure-troves in China. The site comprises a mind-boggling 2,300 caves and niches with more than 2,800 inscriptions and over 100,000 Buddhist statues. See p. 358.
- **Kong Miao** (Qufu): One of China's greatest classical architectural complexes, this spectacular temple in Confucius's hometown is the largest and most magnificent of the hundreds of temples around the country honoring the sage. Greatly enlarged since it was originally built in 478 B.C., it has a series of gates and buildings aligned on a north-south axis and decorated with imperial flourishes like yellow-tiled roofs and dragon-entwined pillars. See p. 379.
- **Guan Yin Dong** (Yandangshan): the Goddess of Mercy Cave consists of 10 stories of wooden timbers over 100m (328 ft.) high, and constructed deep inside a huge long vertical crevasse. Absolutely breathtaking and set in some of the most beautiful surroundings you'll see in China. See p. 499.

- **Dragonfly Homestay** (Shaxi): Just 3km (2 miles) outside of the old town this charming little guest house is built around one of the best examples of a restored temple fair building in the country. Best of all the temple is surrounded by a courtyard that also houses half a dozen guest rooms, so you can enjoy breakfast on the temple stage, and check your email before heading off on a hike to equally impressive temple grottoes on the nearby Shi Bao Shan mountain. See p. 625.
- **Baoding Shan** (Dazu): Artistically among the subtlest and most sophisticated of China's Buddhist grottoes, these Song dynasty caves are situated around a horseshoe-shaped cove, at the center of which is lush forest. See p. 728.
- **Jokhang Temple** (Lhasa): The spiritual heart of Tibetan Buddhism, this temple

should be visited twice: once to see the intense devotion of pilgrims circumnavigating it by prostrating themselves repeatedly across cobblestones made slippery by centuries of burning yak-butter lamps, and rubbing their foreheads against the statuary in the dim, smoky interior; and a second time in the afternoon for a closer look at the ancient images they venerate. See p. 784.

- **Sakya Monastery (Sajia Si)** (Sakya): The massive 35m (115-ft.) windowless gray walls of Lhakhang Chenmo tower above the village and fields on the southern bank of the Trum Chu. Completed in 1274, this monastery fort was largely funded by Kublai Khan, and unlike the older temples of north Sakya, it survived the Cultural Revolution. See p. 799.

7 THE BEST MARKETS

- **Panjiayuan Jiuhuo Shichang** (Beijing): A vast outdoor market held on weekends, Panjiayuan teems with what is very likely the world's best selection of things Chinese: row upon row of everything from reproduction Ming furniture to the traditional clothing worn by China's many minorities to Mao memorabilia. Most of the antiques are fakes, although experts have made some surprising finds in the bedlam. See p. 141.
- **Kashgar Sunday Bazaar**: The bazaar is now split in two and not quite what it was, but both parts are well-worth visiting, particularly the livestock section. Bearded Uighur men in traditional blue-and-white garb sharpen their knives and trim their sheep, small boys gorge themselves on Hami melons, and Kyrgyz in dark fur hats pick up and drop dozens of lambs to test their

weight and meatiness before settling deals with vigorous and protracted handshakes. See p. 333.

- **Khotan Sunday Market**: This is everything the Kashgar Market once was. Jewelers pore over gemstones, blacksmiths busy themselves shoeing horses and repairing farm tools, blanket makers beat cotton balls, rat-poison sellers proudly demonstrate the efficacy of their products—the sights and smells are overwhelming. Don't miss the horse-riding enclosure toward the north side of the melee, where buyers test the road-worthiness of both beast and attached cart, with frequent spectacular tumbles. See p. 341.
- **South Bund Fabric Market** (Shanghai): Bales and bales of fabric (silk, cotton, linen, wool, and cashmere) are sold here at ridiculously low prices. Many stalls have their own in-house

tailors who can stitch you a suit, or anything else you want, at rates that are less than half what you'd pay at retail outlets. See p. 478.

- **Yide Road Wholesale Markets** (Guangzhou): With so many markets to choose from in a city whose very *raison d'être* is commerce, it is difficult to know which one to choose first. This is one of the most colorful. If it was made in China then there is a very good chance that you will find it around here somewhere. See p. 547.

- **Temple Street Night Market** (Hong Kong): Prices here are outrageous compared to those at China's other markets, but the scene at this nightmarket is very entertaining, especially the fortunetellers, street-side performers singing Chinese opera, and crowds overflowing the *dai pai dong* (roadside food stalls). See p. 599.

8 THE BEST FESTIVALS

For dates and contact information, see also the "China Calendar of Events" on p. 42.

- **Kurban Bairam** (Kashgar): Celebrations are held in Muslim communities across China, but in Kashgar they involve feats of tightrope-walking in the main square and wild dancing outside the Idkah Mosque. The 4-day festival is held 70 days after the breaking of the fast of Ramadan, on the 10th day of the 12th month (Dhul-Hijjah) in the Islamic calendar. See chapter 3.
- **Miao New Year Festival** (Xi Jiang, Langde): The Miao celebrate many festivals, but one of the biggest blowouts is the occasion of the Miao New Year, usually around December. The celebration features songs, dances, bullfights, and *lusheng* competitions, not to mention Miao women gorgeously bedecked in silver headdresses engaging in various courtship rituals. See chapter 3.
- **Ice and Snow Festival** (Harbin): Not so much a festival as an extended city-wide exhibition, Harbin's Ice and Snow Festival runs from December to March every year and is without doubt the northeast's top winter attraction. The festival centers on hundreds of elaborate ice and snow sculptures, frosty reproductions of everything from Tian'an Men to Elvis. See chapter 6.
- **Sanyue Jie** (Dali): This once-religious festival celebrated by the Bai people in mid-April/early May now features 5 days and nights of considerably more secular singing, dancing, wrestling, horse racing, and large-scale trading. This is a rare opportunity to see not only the Bai but a number of Yunnan's other ethnic minorities, gathering in one of the most beautiful and serene settings in the foothills of the Green Mountains (Cang Shan). See chapter 13.
- **Saka Dawa**, held throughout the Tibetan world, celebrates the Buddha passing away and thus attaining nirvana. It's held on the 8th to 15th days of the fourth lunar month, with religious dancing, mass chanting, and "sunning the Buddha"—the public display of giant sanctified silk portraits. See chapter 15.

9 THE BEST UP-AND-COMING DESTINATIONS

- **Yanbian** (Jilin): A lush, achingly pretty hilly region perched on China's border with North Korea, parts of which have only recently been opened to tourism, Yanbian is home to the largest population of ethnic Koreans outside the peninsula itself. Independent-minded travelers have the opportunity to explore one of the few truly bicultural societies in China. See chapter 6.
- **Pingyao** (Shanxi): Chinese tourists have discovered Pingyao, but the number of Western tourists is still relatively low at what is one of the best-preserved Ming and Qing towns in China. An intact Ming city wall surrounds clusters of elegant high-walled courtyard residences, some of which are also guesthouses. See chapter 7.
- **Yi Xian** (Anhui): Often visited en route to or from Huang Shan, this UNESCO World Heritage county is famous for its Ming and Qing dynasty memorial arches and residential houses. Structures with ornate brick, stone, and wood carvings are like a peek into an architectural past that is quickly being destroyed in China's booming cities. See chapter 9.
- **Bama, Poyue, Fengshan, and Leye** (Guangxi): Difficult to reach as yet, but this is what the countryside around Guilin wants to be when it grows up. There are limited facilities, but caves and peaks that will amaze even the most experienced travelers. See chapter 13.
- **Yushu** (Qinghai): Khampa areas within the Tibet "Autonomous Regions" are closed to the individual traveler, but here these fiercely proud Tibetan warriors trade in a traditional market town beneath a stern gray-and-red monastery. The long-discussed airport is due to open shortly which will make this remote destination far more accessible. See chapter 15.

10 THE BEST LOCAL ACCOMMODATIONS

- **Han's Royal Garden Hotel** (Beijing): This series of five courtyards has been painstakingly restored into a luxurious hotel with an emphasis of preserving China's history and culture, in one of Beijing's most charming *hutong* neighborhoods. See p. 106.
- **Longmen Guibin Lou** (Harbin): Built by the Russian-controlled Chinese Eastern Railroad in 1901, the Longmen has served as a hospital, the Russian embassy, and a cheap hostel for migrant workers. In the 1930s and 1940s, it was part of the illustrious Japanese-owned Yamato Hotel chain. The Chinese Railway Bureau renovated the building in 1996, preserving the original Russian woodwork and restoring much of its turn-of-the-20th-century atmosphere. Rooms are palatial and decorated with period furniture. See p. 220.
- **Tian Yuan Kui** (Pingyao): In a town full of ancient architecture, this is the top courtyard guesthouse. Rooms come in a variety of shapes and sizes but all are furnished with dark wooden Ming-style tables and chairs and most have traditional kang heated brick beds. When the hotel is full in the summer they sometimes offer opera performances on hot summer nights.
- **Dunhuang Shanzhuang** (Dunhuang): The finest hotel on the Silk Routes, with views of the Mingsha Shan Dunes, this imposing fortress features broad range of stylishly renovated rooms, and

its rooftop cafe is a great place for a sunset drink whether you're staying here or not. See p. 310.

- **Seman Binguan** (Kashgar): Set on the grounds of the former Russian consulate, this has merely two government-issued stars and poor service, but standard rooms and suites in the original and beautifully decorated consulate buildings, with their high ceilings and dramatic oil paintings, can be bargained down to low prices. This is the nearest you'll get to experiencing some "Great Game" ambience. See p. 335.
- **Sanbao Ceramic Art Institute** (Jingde Zhen): This restored porcelain workshop is complete with ancient kilns and water hammers and now functions as an artists' retreat in a superb rural location. While much of China's historical architecture is being demolished wholesale, here is a place that reveres its past and deserves our support. See p. 539.
- **The Peninsula** (Hong Kong): The grand old dame of Hong Kong, this historic hotel, built in 1928, exudes elegance and colonial splendor, with one of the most famous, ornate lobbies in town, a must for afternoon tea. A tower with a top-floor restaurant designed by Philippe Starck, a state-of-the-art spa, classes ranging from cooking to tai chi, Hong Kong's most venerable restaurants, and outstanding service assure this historic hotel a top

rating despite newer and more glamorous competitors. See p. 574.

- **Yangshuo Shengdi (Mountain Retreat)** (Yangshuo): Situated in one of the area's most picturesque settings, this small but luxurious hotel is a world away from the usual trials and tribulations of traveling in China. This is the kind of place where you will want to extend your vacation indefinitely. See p. 627.
- **Jilongbao Resort** (Xingyi): An unexpected sight in Guizhou, to say the least. Apart from the luxury island castle accommodations, Jilongbao boasts Hong Kong-style in fantastic karst surroundings. Expect to be one of the very first foreign visitors and revel in the excellent facilities and stunning local countryside. See p. 647.
- **The Linden Center** (Xizhou, near Dali): Probably the best restoration project undertaken so far anywhere in China. The Lindens, two American oriental art specialists, have fully restored a Bai courtyard house way beyond even its greatest former glories. As well as an impressive restaurant, there is a library, a gallery, a museum, and even a meditation room. Best of all the views across the rice fields from the back terrace are simply jaw dropping. This guest house can give any of China's five stars a run for their money. See p. 672.

11 THE BEST BUYS

Note: Pearls, antiques, jade, jewelry in general, and objets d'art are often fakes or not worth the asking price. Be cautious when shopping for these items, and consider sticking to the shops and markets we recommend.

- **Factory 798** (Beijing): We were sure that an ad hoc gathering of designers, painters, and sculptors selling avant-garde

art in a former military complex wasn't something the regime would tolerate for long. We were wrong. Market rents are now charged, so don't expect to pick up a bargain, but the Dashanzi art district makes for a thoroughly enjoyable afternoon of gallery- and cafe-hopping. See p. 135.

- **Ba Xian An** (Xi'an): There are fakes aplenty, as everywhere else, but this bustling antiques market, fed by continuous new discoveries in the surrounding plain, is too atmospheric to miss. See p. 279.
- **Chen Lu** (Shanxi): Seventeen small factories turn out different styles of pottery, and their showrooms have starting prices so low you'll volunteer to pay more. You can also buy original works in the houses of individual artisans. See p. 284.
- **Qipao:** Tailors in Beijing and Shanghai will cut a custom-fit *qipao*, the tight-fitting traditional dress better known by its Cantonese name *cheongsam*, sometimes for hundreds of dollars less than in Hong Kong and the West. A quality tailored dress, lined with silk and finished with handmade buttons, typically costs between \$100 and \$200. Slightly less fancy versions go for as little as \$50. See chapter 10.
- **Bamboo:** The ecologically minded will be impressed and amazed at the versatility of this wondrous plant. Apart from the usual carvings, look for bamboo

fiber that has been made into everything from socks to bath towels and the delicious Anji Science Bamboo Beer.

- **Minority Fabrics & Costumes** (Yunnan & Guizhou): While all of the popular tourist destinations have shops selling silver Miao headdresses, those willing to venture out to the lands of the more obscure minorities will be justly rewarded.
- **Jatson School** (Lhasa): High-quality Tibetan handicrafts, including traditional Tibetan clothing, paper, incense, mandala *thangkas*, yak-hide boots, ceramic dolls, door hangings, bags, and cowboy hats, are all made on-site and sold at very fair prices. Your money goes to support Tibetan poor, orphaned, and children with disabilities. See p. 787.
- **Khawachen Carpet and Wool Handicraft Co. Ltd** (Lhasa): This U.S.-Tibetan factory's carpets have rich but tasteful shades woven into delightful traditional patterns. Carpets can also be made to order. You'll pay much less here than in New York or even Beijing. See p. 787.