





Kitchen



Fruit Appliqué Tablecloth



Fruit Appliqué Tablecloth

This is the perfect project for using extra-special scraps. While once attending the International Quilt Market, I walked past a vintage fabric booth and found, to my delight, a little bag of some of the loveliest fabric I'd ever seen. I saved it for a long time, waiting for the perfect project to come to mind. This tablecloth fit the bill! I finished my edges with the Patchwork Edge Trim from page 124. Since the Patchwork Edge Trim is not cut on the bias, I have written the instructions for this project without continuous binding on the corners. You could certainly substitute true bias tape for the edges and create continuous binding with mitered corners. (View the binding steps on either the Picnic Quilt on page 126 or the Hanging Organizer on page 29 for reference.)

Supplies

Fabric scraps—between 2" and 8" in size

For each apple:

- 1 piece of fabric for the apple, $5\frac{1}{2}" \times 6"$**
- 1 piece of wool felt or fabric for the leaf, $1" \times 2"$**
- 1 piece of wool felt or fabric for the stem, $1\frac{1}{2}" \times 1"$**

For each cherry:

- 1 piece of fabric for the cherry, $2" \times 2"$**
- 1 piece of wool felt or fabric for the leaf, $1" \times 1\frac{1}{2}"$**

For each orange:

- 1 piece of fabric for the orange, $3" \times 2\frac{1}{2}"$**
- 1 piece of wool felt or fabric for the stem, $2\frac{1}{2}" \times 1"$**

For each pear:

- 1 piece of fabric for the pear, $3\frac{1}{2}" \times 4\frac{1}{2}"$**
- 1 piece of wool felt or fabric for the leaf, $2\frac{1}{2}" \times 2"$**

For each strawberry:

- 1 piece of fabric for the strawberry, $3" \times 3"$**
- 1 piece of wool felt or fabric for the leaf, $2\frac{1}{2}" \times 1"$**
- 1 sliver of wool felt for the stem**

Vellum or tracing paper

Double-sided iron-on adhesive

1 solid-colored tablecloth to fit your table

Patchwork Edge Trim (see page 124): 2 pieces the length of your tablecloth and 2 pieces the width of your tablecloth; or, if you are using a round tablecloth, enough 1" double-fold bias tape to go around the edge

Note: I don't recommend the Patchwork Edge Trim for a round tablecloth as it is not a true bias tape and will most likely pucker around the curves.

Prep

1 Prepare your tablecloth. If you are buying a new tablecloth, wash, dry, and press it. Cut off the finished edges.

Note: If you can't find a new tablecloth in the shape or color you want, you can craft one from a bedsheet. Measure your table and allow 12" of overhang on each side. Trim to the correct size, but don't hem the edges.

2 Trace the pattern pieces for the fruit shapes on pages 157–158 by layering vellum or tracing paper over the page and lightly tracing the pattern with a pencil. (There are three sizes of each

fruit shape; for this project you will use the medium shape only.) Remove the tracing paper from the book and darken your line with a marker.

Creating the Fruit Appliqués

3 Adhere double-sided adhesive to the wrong side of your fabric scraps. Cut your fruit pieces out of the fabric. The number of fruit pieces you will need depends on how large your tablecloth is and how you want to space the pieces. Start with four or five of each shape.

4 Decide on the placement of your fruit pieces. I placed mine about 4" from the edge around the border of the tablecloth. Then, one at a time, peel the paper backing off the pieces and iron them in place. Sew the fruit shapes to the tablecloth with monofilament thread. I like to use a small zigzag stitch around the edge to do this.

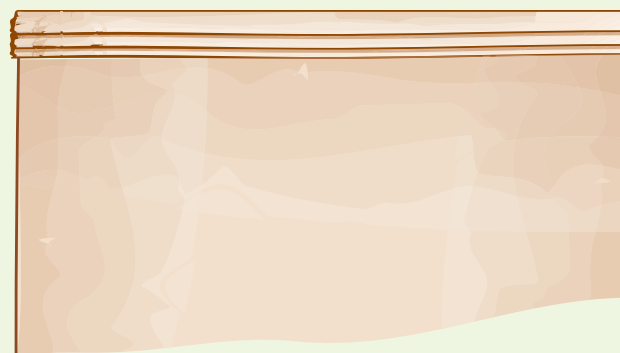


Step 4

5 Continue sewing fruit shapes to the tablecloth until you have the desired number in place. Add any leaves or stems to the fruit.

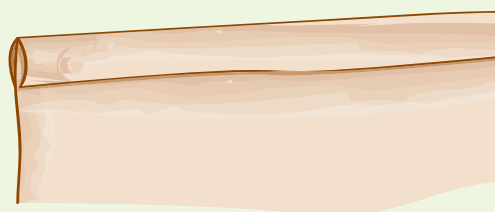
Attaching the Binding

6 Unfold one of your binding strips. With the wrong side facing you, pin the raw edge of the strip to the raw edge of the wrong side of your tablecloth. Sew along the first fold line.



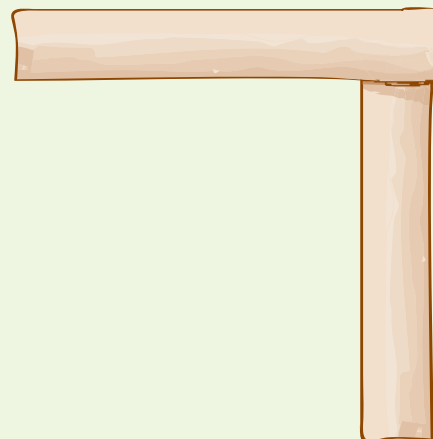
Step 6

7 Fold the strip over to the front side of the tablecloth. Pin in place and stitch along the folded edge. Repeat Steps 6 and 7 for the opposite side of the tablecloth.



Step 7

8 Repeat Steps 6 and 7 for the edges you haven't finished yet. At the edges, fold the strip wrong side in about an inch before sewing it in place.



Step 8

9 Press and enjoy!

Sweet Treats Towels



Sweet Treats Towels

Whip up a handful of these appliqué towels on a lazy Saturday. They'll bring you just as much joy as the treats you cool on them. I've used linen for my towels, but muslin, cotton, or even a recycled bedsheet will work wonderfully!

Supplies

For one towel, one 24" × 36" piece of solid, prewashed fabric

For each cupcake appliqué:

1 fabric scrap for the cupcake rim (brown for chocolate, cream for vanilla, pink for strawberry), 6" × 2"

1 fabric scrap for the frosted cupcake top, 6" × 4"

1 fabric scrap for the cupcake base (stripes are fun for this!), 5" × 3"

1 fabric scrap for the cherry, 2" × 2"

1 fabric scrap for the leaf, 1" × 2"

For each ice cream sundae appliqué:

Fabric scraps in three different fabrics for the ice cream balls, 4" × 4"

1 fabric scrap for the dish, 6" × 5"

1 fabric scrap for the whipped cream, 3" × 3"

For each pie appliqué:

1 fabric scrap for the pie top (I show a brown crust top, but try a fruit-colored one), 10" × 3"

1 fabric scrap for the base, 9" × 3"

1 fabric scrap for the steamy goodness, 2" × 3"

Vellum or tracing paper

Double-sided iron-on fabric adhesive for each piece of appliqué fabric

Needle and embroidery floss, or sewing machine to appliqué with

Embellishments (optional)

Prep

1 Cut your towel piece out of prewashed fabric.

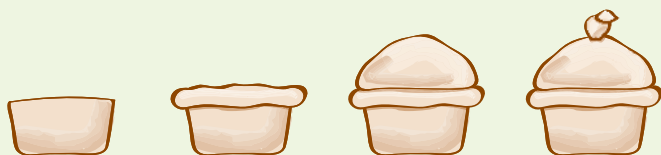
2 Trace the appliqué pattern pieces for the cupcake, ice cream sundae, or pie shapes as needed (see pages 159–160) by layering vellum or tracing paper over the page and lightly tracing the pattern with a pencil. Iron the double-sided fabric adhesive onto the wrong side of your fabric pieces for the appliqué according to the manufacturer's instructions.

Appliqué

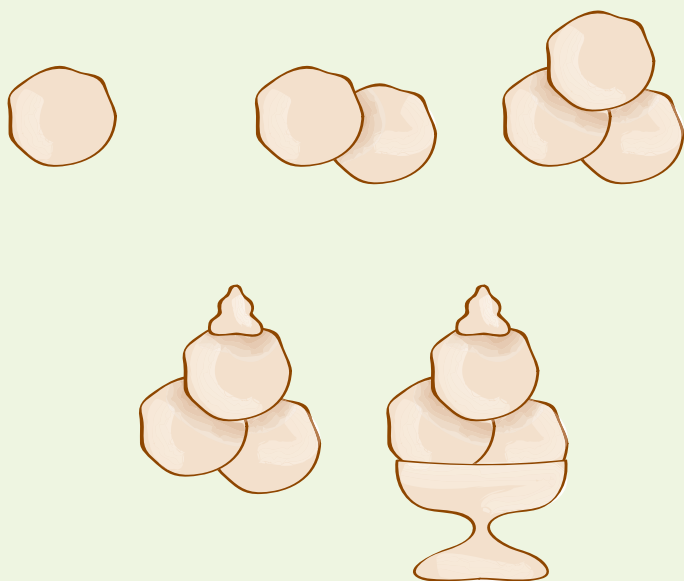
3 Peel the paper backing off of the appliqué pieces. Iron the appliqué pieces onto your towel in the order given on the next page and stitch each one in place before moving on to the next piece.

Note: You can use a straight stitch or satin stitch on your sewing machine, or any number of fun embroidery stitches with a needle and embroidery floss. Since this is a small project, it's a great place to experiment with embroidery, even if you've never done it before!

For the cupcake: Begin with the base, then the cupcake rim, then the frosting top, followed by the cherry and leaf.



For the ice cream sundae: Layer the three ice cream scoops first, sewing each one before adding the next. Add the whipped cream and the dish.

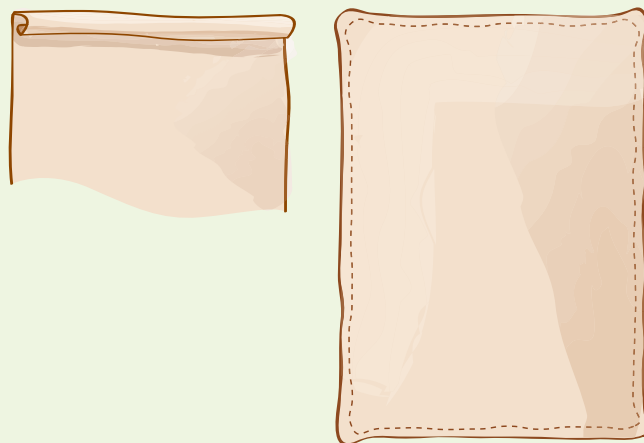


For the pie: Start with the pie plate, then the pie top, then the steam.



Finishing

4 Press the long sides of the towel $\frac{1}{4}$ " to the wrong side of the towel. Turn and press another $\frac{1}{4}$ ". Stitch along the folded edge. Repeat with the short ends of the towel.



Step 4

5 Sew on or embroider any embellishments you would like. Rickrack on the sides adds a nice retro touch.

Fruit Magnets



Fruit Magnets

Does your refrigerator play host to artwork, photos, and report cards? It can become a bit of a jumble! Whip up a collection of these sweet magnets to help showcase that memorabilia in a neat and tidy manner. The added cute factor doesn't hurt, either.

Supplies

For the apple:

- 1 fabric scrap for the outside, $5\frac{1}{2}" \times 6"$
- 1 piece of very stiff interfacing, $5\frac{1}{2}" \times 6"$
- 1 piece of wool felt for the back, $5" \times 5"$
- 1 piece of wool felt for the leaf, $1" \times 2"$
- 1 piece of wool felt for the stem, $1\frac{1}{2}" \times 1"$

For the cherry:

- 1 fabric scrap for the outside, $2\frac{1}{2}" \times 2\frac{1}{2}"$
- 1 piece of very stiff interfacing, $2" \times 2"$
- 1 piece of wool felt for the back, $2" \times 2"$
- 1 piece of wool felt for the leaf, $1" \times 1\frac{1}{2}"$

For the orange:

- 1 fabric scrap for the outside, $4" \times 3\frac{1}{2}"$
- 1 piece of very stiff interfacing, $3" \times 2\frac{1}{2}"$
- 1 piece of wool felt for the back, $3" \times 2\frac{1}{2}"$
- 1 piece of wool felt for the stem, $2\frac{1}{2}" \times 1"$

For the pear:

- 1 fabric scrap for the outside, $4" \times 5\frac{1}{2}"$
- 1 piece of very stiff interfacing, $3\frac{1}{2}" \times 4\frac{1}{2}"$
- 1 piece of wool felt for the back, $3\frac{1}{2}" \times 4\frac{1}{2}"$
- 1 piece of wool felt for the leaf, $2\frac{1}{2}" \times 2"$

For the strawberry:

- 1 fabric scrap for the outside, $3\frac{1}{2}" \times 4"$
- 1 piece of very stiff interfacing, $3" \times 3"$
- 1 piece of wool felt for the back, $3" \times 3"$
- 1 piece of wool felt for the leaves, $1\frac{1}{2}" \times 1"$
- 1 sliver of wool felt for the stem

Vellum or tracing paper

Double-sided iron-on fabric adhesive

Needle and embroidery floss

Parchment paper

Hot glue gun

Plain magnets

Trims such as buttons or crocheted flowers (optional)

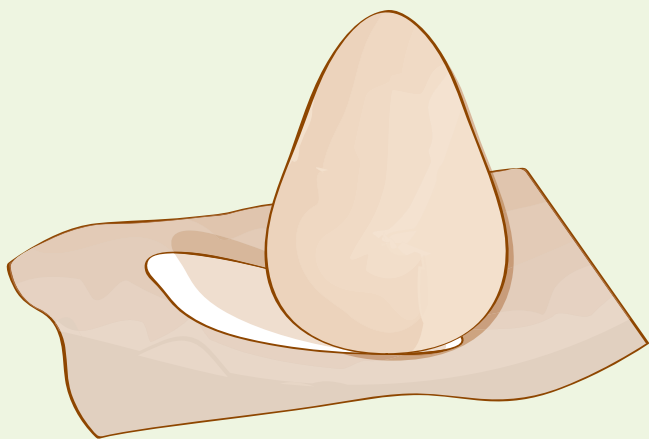
Prep

1 Trace the pattern pieces on pages 157–158 for the fruit magnets you wish to make by layering vellum or tracing paper over the page and lightly tracing the pattern with a pencil. There are three sizes of each shape: The largest size is for the fabric, the middle size is for the interfacing, and the smallest size is for the wool felt backing.

Creating the Fruit Body

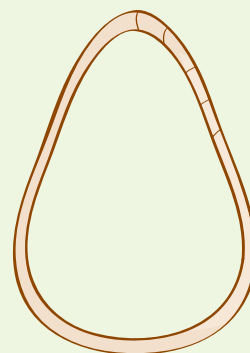
2 Adhere double-sided adhesive to the wrong side of your fabric. Cut the largest pattern piece out of the fabric.

3 Cut the middle-sized pattern piece out of the stiff interfacing. Place the interfacing shape down on a larger piece of parchment paper. Peel the paper lining off of the double-sided adhesive on the fabric fruit piece. Place the fabric fruit piece right side up on top of the interfacing piece, arranging it so you have an overlap of about $\frac{1}{2}$ " on all sides. Lightly iron the fabric in place to adhere it to the interfacing. The interfacing will melt; allow it to cool and then gently peel it off of the parchment paper.



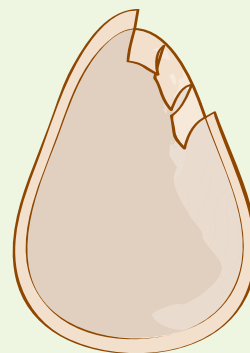
Step 3

4 Clip the edges of the fabric, spacing about $\frac{3}{4}$ " apart.



Step 4

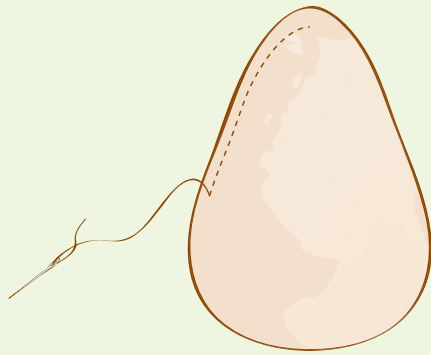
5 Turn the edges of the fabric to the back of the interfacing, ironing them in place one at a time.



Step 5

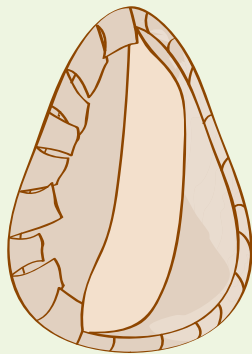
Finishing

6 With a needle and embroidery floss (I recommend using three threads), do a running stitch around the border of your fruit. If you wish, you can add seeds or other embroidered embellishments.



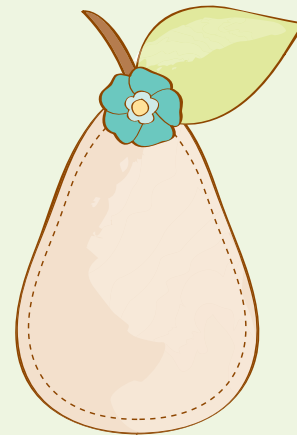
Step 6

7 Adhere double-sided adhesive to a piece of wool felt. Cut out the smallest size pattern piece out of the felt. Peel the paper lining off of the adhesive and place this side against the interfacing side of the fruit body. Iron in place.



Step 7

8 Cut out the stems and leaves for your fruit and adhere them in place using a hot glue gun. If you like, add trims or flowers to the stems for extra pop.



Step 8

9 Using your hot glue gun, adhere a magnet to the back side of the fruit body.

Note: There are many different sizes and shapes of magnets available; I always keep several different kinds on hand. You can usually find plain magnets near the beads in craft stores.



Foodie Bags

Foodie Bags

In my earth-loving, hippie town, we have an amazing natural grocery store with rows and rows of bulk food choices. I love shopping there, and wanted to create some reusable bags that I could take with me. I chose breathable linen for the body of the bag, and added a bright strip of fabric for interest. This makes a perfect scrap project—and it's environmentally friendly, too. I haven't been to the grocery store once with these bags without people asking where they can get one!

Supplies

For the wide bag:

- 1 piece of fabric, 8" × 28"**
- 1 contrasting strip of fabric, 8" × 1½"**
- 1 piece of double-sided iron-on adhesive, 8" × 1½"**
- 1 12" piece of ribbon, twine, or bias tape that has been sewn shut**

For the narrow bag:

- 1 piece of fabric, 10" × 22"**
- 1 contrasting strip of fabric, 10" × 1½"**
- 1 piece of double-sided iron-on adhesive, 10" × 1½"**
- 1 14" piece of ribbon, twine, or bias tape that has been sewn shut**

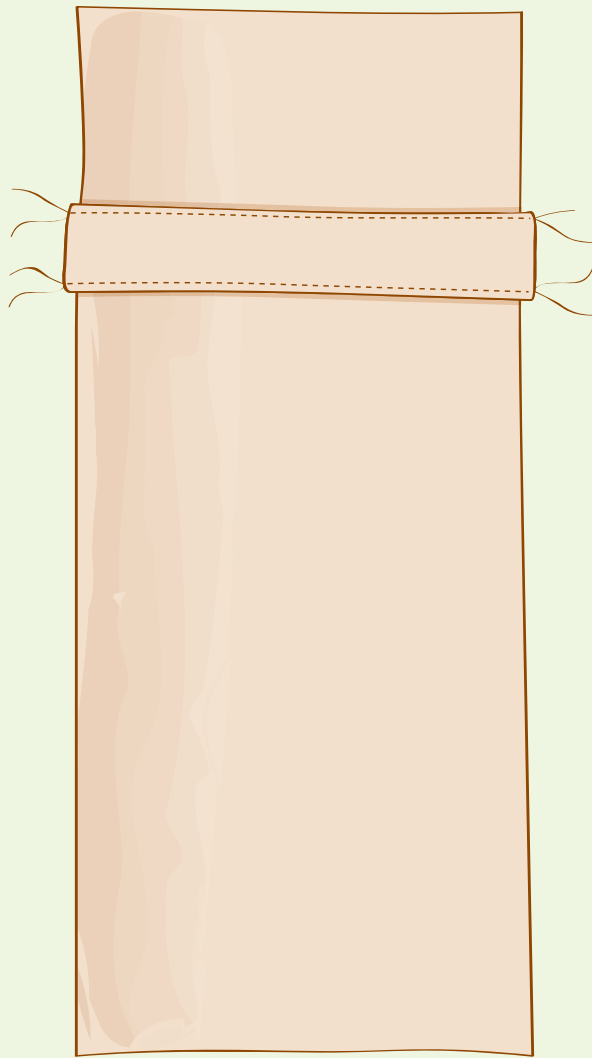
Prep

- 1** Make sure all fabrics are prewashed and ironed. Cut out all pieces.

Creating the Contrast Strip

- 2** Iron the double-sided adhesive on to the wrong side of your contrasting strip.
- 3** Peel the paper lining off of the back and place the strip on the right side of your bag fabric, 5" from the top. Press in place, then edge-stitch along both long edges.





Step 3

Forming the Bag

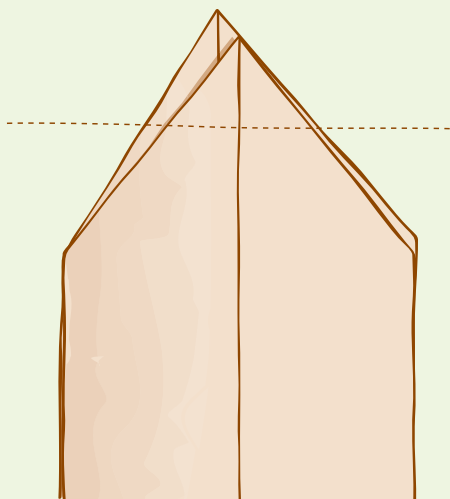
4 You will be making French seams, so you'll sew first on the right side. Fold the bag in half, wrong sides together, and sew the side seams with a tight stitch. Trim away the excess material as close to the seam as you can.



Step 4

Creating the Gussets

5 Fold the bag so the side seams are centered on the top and bottom, running down to a point. Measure 1" from the tip of each corner and cut perpendicular to the side seam. Pin the opening you have made in place. Cut and pin the other corner in the same way, then sew each corner shut. Trim away as much of the excess fabric as possible.



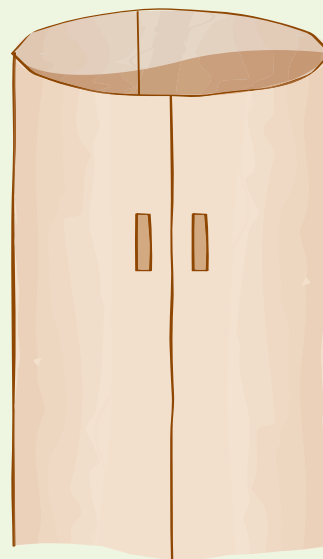
Step 5

Making the French Seams

6 Turn the bag wrong side out and press. Sew the side seams first and then the gusset seams to encase them. Turn the bag right side out.

Finishing

7 On the right side of the bag, make two ½" buttonholes on either side of one side seam, starting 1½" from the top of the bag.



Step 7

8 Fold the top edge ½" over to the wrong side of the bag. Press.

9 Fold 1" more, press, and pin in place. Sew the casing shut with a ¼" seam allowance along the folded edge.

10 Using a safety pin as a guide, insert your drawstring of choice into the casing through one of the buttonholes and thread it through the casing and out the opposite buttonhole.