Lesson 1



What you'll learn in this lesson:

- What you can do with Windows 7
- Activating your copy of Windows 7
- Starting Windows 7
- The Windows 7 desktop
- Getting help

Getting Started with Windows 7

The public spoke, and Microsoft listened. Windows 7 boasts hundreds of improvements based on feedback from users of previous versions of the Windows operating system. The result: a faster, more intuitive, more reliable, and more streamlined operating system.

Starting up

Before you start, be sure you have Windows 7 installed on your computer. If you haven't installed Windows 7 yet, refer to the section "Installing Windows 7" on page 3 of this book.



See Lesson 1 in action!

Use the accompanying video to gain a better understanding of how to use some of the features shown in this lesson. The video tutorial for this lesson can be found on the included DVD.

What you can do with Windows 7

The Windows 7 operating system has been designed with productivity in mind. In addition to being streamlined for speed, Windows 7 contains and supports a collection of tools, programs, and other resources to help you:

• **Get work done**. Windows 7 contains a word-processing program, WordPad, for generating documents; a calculator, which supports four modes—Standard, Scientific, Programmer, and Statistics—as well as several templates for calculating such real-world numbers as mortgages, salaries, etc. Windows 7 offer many productivity applications to help you be more efficient.



WordPad serves as a simple but useful word processor.

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Calculator's four modes: Standard (top left), Scientific (top right), Programmer (bottom left), and Statistics (bottom right.

• **Create and edit pictures**. Use Windows 7 to import images from a digital camera, scan images with a scanner, or download images from the Internet. Then view them individually or in slide show format using Windows Photo Viewer. You can also use the Paint program to create images of your own. For even more photo features, use the Windows Live Photo Gallery, which is covered in more detail in Lesson 13, "Working with Images." When your images look the way you want them to, you can print them, e-mail them, burn them to a CD or DVD, or create a video DVD.



View your images in Windows Photo Viewer.



Windows Live Photo Gallery lets you edit and organize your images.

• **Play music and other media**. The Windows Media Player makes it easy to listen to audio CDs (and burn your own), play digital audio and video clips. You can also watch movies on DVD and tune into Internet radio. Using the Windows Media Center, you can locate and stream your favorite Internet TV shows, record regular TV, if your computer has a TV tuner, and view movies.

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Use Windows Media Player to enjoy your favorite music and videos.

• **Get online**. With Windows 7, getting online is a breeze. Once you're connected, you have all the tools you need to get the most out of the Web, including the Internet Explorer 8 web browser, which makes surfing a snap.



Surf the Web with Internet Explorer 8.

What is an operating system?

A computer's operating system is a set of programs that enable the computer to perform such basic tasks as recognizing user input from a keyboard or mouse, sending output to the computer screen, keeping track of files on the hard disk, and controlling peripheral devices, such as external hard drives and printers. It also acts as an interface between the computer and the user, and serves as the host for any other programs, or applications, running on the computer, such as word-processing programs, games, web browsers, etc.

If you're not sure which version of Windows 7 you have, you can easily find out.

- 1 Press the Start button (6) to display the Start menu.
- 2 Click Control Panel in the Start menu.



Click the Start button and choose Control Panel.

3 In the Control Panel window that appears, click the System and Security link.



Click the System and Security link.

4 In the System and Security window, click the System link. The System window opens, displaying the version of Windows 7 installed on your computer, among other things.



Click the System link to find out which edition of Windows 7 is running on your computer.

You can learn about the different versions of Windows 7 in Appendix A.

Activating your copy of Windows 7

When you install Windows 7, you have the option of activating your copy of the software. If you prefer to wait, you can activate it later—you have 30 days to do so. Activating your copy of Windows 7, which is mandatory, enables Microsoft to verify that your copy of the software is authentic, and ensures that you'll be able to use every feature of the software. It also makes you eligible to receive updates to the software as well as product support from Microsoft.

In this exercise, you will learn how to activate your copy of Windows 7. If you opted to activate Windows 7 when prompted during the installation rather than waiting until later, skip to the next section. Note that you must be connected to the Internet to complete this exercise.

- 1 Press the Start button (6) to display the Start menu.
- 2 Click Control Panel in the Start menu.
- 3 In the Control Panel window that appears, click the System and Security link.
- 4 In the System and Security window, click the System link. The System window opens.
- **5** The Windows activation section of the System window indicates how many days you have left to activate your copy of Windows 7.You may have to scroll down to see this section of the window. Click the Activate Windows now link.

	Computer name, domain, ar	nd workgroup settings	
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Performance Information and Tools	23 days to activate. A Product ID: 00428-321-7	Activate Windows now 001222-70131 Change product key	

Activate your copy of Windows 7 from the System window.

6 The first screen of the Windows Activation Wizard appears. Click Activate Windows online now.



Windows 7 launches the Windows Activation Wizard.

7 Microsoft verifies the product key, then activates the software. When activation is complete, press the Close button (==) in the upper right corner.



Windows 7 verifies the product key, then notifies you when activation is successful.

If you don't have an Internet connection, you can activate your copy of Windows 7 via phone. To find out what number to call, click Show Me Other Ways to Activate in the first screen of the Windows Activation Wizard (this option is visible only if you are not connected to the Internet) and follow the onscreen prompts.

What's new with Windows 7

Windows 7 incorporates hundreds of improvements based on feedback provided by users of previous versions of the operating system—most notably Windows 7's immediate predecessor, Windows Vista.

The Windows 7 Taskbar buttons are larger and easier to see. In Windows 7, you can pin a button for any program on the Taskbar, so it's always a click away. You can also change the order in which Taskbar buttons appear. Finally, the Windows 7 Taskbar supports thumbnail and full-screen previews of open windows. Hover your mouse over a Taskbar button to preview the associated window in thumbnail mode. Click the thumbnail to preview the window in full-screen mode.



Preview the associated window in thumbnail mode.

Jump lists offer a handy way to quickly access your most recent files—right from the Taskbar. If you frequently access a particular file, you can pin it to the Taskbar. Right-click a Taskbar button to view a jump list of recent documents.



To view a jump list of recent documents right-click a Taskbar button.

Windows 7 makes window management a snap—literally. For example, in previous operating systems, to compare the contents of two open windows, you were required to manually resize and position each one. In contrast, with Windows 7's new Snaps feature, you can drag one window to the right edge of the screen and the other to the left; Snaps automatically resizes them as needed and snaps them into place.

Revealing your desktop when windows are open is also simple: Just hover your mouse over the Show Desktop button on the right-most edge of the Taskbar, and the open windows hide from view. To hide all open windows but one, click and *shake* the title bar of the window you want to remain; all other open windows are minimized. Shake the open window again; the minimized windows reappear.

Windows 7 adds a new feature called libraries. A library displays all content of a particular type, for example, image files, in one easy-to-find location, no matter where on your computer those files are located.

Windows 7 also has improved device-management features that enable you to easily connect, manage, and use any devices, such as printers, scanners, cameras, that are connected to your computer.



Manage devices connected to your computer from one convenient location.

If you have a home network, the HomeGroup feature makes it painless to connect any computers running Windows 7 to that network, and to share files, folders, and even devices such as printers with other Windows 7 computers on the network. Accessing these files and devices is as easy as if they were on your hard drive.

If you use a laptop computer, you'll appreciate Windows 7's improved power-management features. One feature, adaptive display brightness, dims the display if your system has been idle for a time; another ensures that less power is used to play DVDs—especially handy on long trips where AC power is unavailable.

If you were one of the countless Windows Vista users frustrated by the seemingly endless stream of pop-up alerts, you'll appreciate Windows 7's new notification system. Rather than launching a pop-up, Windows 7 displays a special icon (Pe) in the Taskbar's Notification area. Click the icon whenever you want to open the new Windows 7 Action Center. This special window offers one-stop access to alerts and tasks related to keeping your computer in good form.

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G V * Control Panel +	System and Security > Action Center 🔹 🍫 Search Control Panel	P
Control Panel Home Change Action Center settings Change User Account Control	Review recent messages and resolve problems Action Center has detected one or more issues for you to review.	•
settings View archived messages View performance information	Security Virus protection (Important) Windows did not find antivirus software on this computer. Find a program online Turn off messages about virus protection	
	Network firewall (Important) Important	Ŧ
	Windows Defender needs to scan your computer Scanning on a regular basis helps improve the security of your computer.	
See also Backup and Restore	Maintenance S	.
Windows Update Windows Program Compatibility Troubleshooter	If you don't see your problem listed, try one of these: Troubleshooting Recovery	-

Review messages and resolve problems from the Action Center window.

If you have a touch-screen monitor, you can use your fingers to scroll, resize windows, play media, pan, and zoom. The Start menu, Taskbar, and Windows Explorer window also support touch input.

Live from Redmond

In the interest of streamlining, Microsoft also omitted some features from Windows 7 that existed in earlier versions of Windows. These include the following:

- The sidebar
- Windows Calendar
- Windows Mail
- Windows Photo Gallery
- Windows Movie Maker

Some of these features, such as Windows Mail, Windows Photo Gallery, and Windows Movie Maker, are now available free from Windows Live, a collection of web services and downloadable applications from Microsoft. You'll explore the programs that are available on Windows Live later in this book in Lesson 13, "Working with Images.".

Starting Windows 7

The first time you start Windows 7, you may be prompted to complete a series of configuration steps. Simply follow the onscreen prompts. After completion, whenever you turn on your computer, Windows 7 starts automatically, displaying the Welcome screen. From there, you must specify which account you want to use by clicking it. If you've set a password for the selected account, enter it when prompted. Note that the characters you type appear as dots to prevent others from seeing your password as you type, and the Windows 7 desktop appears.

Be sure to remember your password, or write it down and store it somewhere safe. If you forget your password, press the Go button to the right of the password field; Windows 7 displays the password hint you set when you created your password. For more about creating passwords and other user account details, see Lesson 8, "Setting Up User Accounts."

The Windows 7 desktop

The Windows 7 desktop serves as the jumping-off point for any task you want to perform using your computer. Take a moment to familiarize yourself with the various components of the desktop.



A. Shortcut Icon. B. Work area. C. Start Button. D. Quick Launch Program Icons. E. Programs that are currently running. F. Taskbar. G. Notification area. H. Time & Date. I. Show Desktop Button.

- **The Start button**. Clicking this button reveals the Start menu, from which you can launch any Windows 7 application.
- **The Windows Taskbar**. Buttons representing any programs you have open appear on the Taskbar. Also, by default, the Taskbar features icons for launching Internet Explorer 8, Windows Explorer, and Windows Media Player. You can *pin* additional program icons—or even icons for frequently accessed documents or folders—to the Taskbar if you like. You'll learn more about customizing the Taskbar in Lesson 4, "Customizing Windows 7." Note that open programs appear highlighted; buttons for launching programs do not.

- The Notification area. This area displays important information about your computer, such as whether you are connected to a wireless network, whether your laptop is plugged in, and the system volume level. It also displays special alert icons if your system is in need of attention. You can click the icons displayed in this area to view additional information or to make necessary adjustments.
- **Time and date**. Your computer displays the time and date to the right of the Notification area. For more a more detailed calendar and clock, you can click the Time and Date. From there you can click the Change date and time settings link to make any changes to the Time, Date, and Time zone.
- Show Desktop button. If you need to access the desktop, but have several programs running at once, press the Show Desktop button to minimize all open windows and reveal the desktop. If you just need to glance at the desktop, but don't want to minimize the open program windows, hover your mouse over the Show Desktop button to take a quick peek at the desktop underneath.
- Work area. Any programs, folders, and files that you open display in the work area.
- **Shortcut icon**. You double-click icons on the Windows 7 desktop to launch a program or Windows 7 feature. Often, when you install new programs, these shortcut icons are added by default; if not, you can create them yourself. You'll learn how to create or *pin* shortcut icons in Lesson 4, "Customizing Windows 7."

Getting help

If you run into a problem with Windows 7, or you aren't sure how to accomplish a task, for example, you may want to find out how to set a password for your user account, the Windows Help and Support Center is your first stop for expert assistance. Here, you can search for help by typing a keyword or phrase, such as **password** or **user account password**, to view a list of links to related help articles. Another approach is to browse help articles.

If your computer is connected to the Internet, help includes online resources.

- 1 Press the Start button ((2)). The Start menu appears.
- **2** Click Help and Support.



Choose Help and Support from the Start menu.

3 The Windows Help and Support window appears. Type a keyword or phrase, for example **user account password**, in the Search text field and press Enter.



Type a keyword or phrase in the Search box and press Enter.

4 Windows 7 displays a list of links to articles that relate to the word or phrase you typed. Click a link that looks relevant, and Windows 7 displays the article.

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9.	Change a user's account type	Protect your computer with a password						
10.	Add a user account to a group	[This content is preliminary and subject to change.]						
11.	What is a user account?	Using a strong password is among the most important steps you can take to protect						
12.	User account (definition)	your computer from hackers and other unwelcome users. For more information about strong passwords, see Tips for creating a strong passwords and passphrases.						
13.	User accounts: frequently asked questions	Because you are logged on as an administrator, you can create a password for any						
14.	Why can't Luse Speech Recognition with User Account Control	1.						
15,	User groups in Windows	2. Click Create a password for your account.						
16.	User accounts: recommended links	Note						
17.	Fix a corrupted user profile	 If your user account already has a password, you can change your password by clicking Change your password. 						
18.	Turn the guest account on or off	3. Type the password in the New password box, and then type the password						
19.	How do Elog on as an administrator?	again in the Confirm new password box.						
20.	Solutions to common problems with logging on to Windows	 If you would like to use a password hint, type the hint in the Password hint box. 						
21.	Protect your computer with a password	5. Click Create password.						
22.	Reset your Windows password	We strongly recommend that you create a password reset disk so you don't						
23.	Change your Windows password	see Create a password reset disk.						
24.	Run or remove blocked startup programs							
25.	What are the risks of resetting a password?	Was this helpful?						
26.	What is a password?							
27.	Strong password (definition)	Yes No Somewhat						
28.	What to do if you forget your Windows password	Read the privacy statement online						
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Click a relevant link, and then read the help article.

You can also browse the help articles in the Help and Support Center. Here's an example of how you might browse for an article. Keep in mind that locating other articles may involve more or fewer screens of subcategories or topics.

- 5 Press the Back button (G) twice to return to the Windows Help and Support window.
- 6 Click the Browse Help topics link.



Click the Browse Help topics link.

7 A screen containing a table of contents appears. Click a link in the table of contents that relates to what you need help with. In this example, Security and privacy was chosen.



- 8 Windows 7 lists a series of topics and categories to help you refine your search. Click the option that best matches your needs.
- 9 A list of subcategories appears. Click the one that is most relevant to your inquiry.
- **10** A list of topics in the selected subcategory appears. Click the link for the topic that looks most promising. Windows 7 displays the article you selected.



Click the most promising topic, and then read the help article.

Finding program-specific help

Although the Help and Support Center is a great way to get help with Windows 7, it can't help you with a program that's not included with the Windows 7 operating system, such as Microsoft Excel or Adobe Photoshop. To access the Help function in these programs, click the Help menu in the specific program window and choose View Help, Help Topics, or something similar (the precise terminology varies). Alternatively, press the F1 key on your keyboard. You can also access program-specific Help information from within certain dialog boxes and screens, indicated by a question mark icon or a text link.

Shutting down Windows 7

When you are not using your computer, you should power it down to conserve energy. While your instinct may be to press the machine's power button, you should not do so, as unsaved changes in open documents could be lost. In addition, Windows system files could be damaged, which could make your system less stable. Instead, you should power down Windows 7. When you do, you have three options:

- **Sleep**. Sleep is essentially a stand-by mode. Power is withheld from non-essential components and operations in order to conserve energy. When a *sleeping* system is *awakened*, it resumes operation quickly.
- **Hibernate**. When in Hibernate mode, your Windows 7 system saves your data to your hard disk, then completely powers down your computer. When you are ready to use the computer again, press the machine's power button; the system restarts, reverting to the state it was in before it entered hibernation with all the same programs, folders, and files displayed on the desktop. The advantage of using Hibernate mode over Sleep mode is that no power is consumed. Although it does take the system a bit longer to resume operation after hibernating. When the system restarts, it remembers any open programs or documents on which you were working.

If your Hibernate option is missing, you might have Hybrid sleep turned off. The Hybrid sleep option can be found by opening the Control panel and clicking the Hardware and Sound link. Click the Power Options link and click the Change plan settings link of your current power plan. In the Edit Plan Settings window, click the change advanced power settings link. In the Power Options Advanced settings dialog box that appears, look for the Allow hybrid sleep option under the Sleep category. If the setting is On, then the Hibernate option is missing due to a setting in your computer's BIOS, which are changed outside of Windows 7,

• **Shut Down**. Like Hibernate, Shut Down completely powers down your computer. The difference is that the next time you start it back up, you begin with a fresh desktop.

- 1 To shut down Windows 7, press the Start button (5). The Start menu appears.
- **2** Press the Shut Down button. Windows 7 shuts down your computer. Click the arrow to the right of the Shut Down button to view additional options.



Choose Shut Down from the Start menu or click the arrow to the right for additional options.

3 Choose Sleep or Hibernate. Windows 7 puts your computer in Sleep mode or Hibernate mode, depending on which option you choose.



Choose Sleep or Hibernate.

Note that in addition to providing Sleep and Hibernate options, the Shut Down menu also includes the following choices:

- **Switch User**. Choose this to switch to a different user account without closing the programs you have open in the current session. You'll learn more about user accounts in Lesson 9, "Networking Your Computer."
- **Log Off.** Choose this to close all open programs and log out of your account. This returns Windows 7 to the Welcome screen that appears immediately after startup, where users indicate which account they want to use.
- Lock. Choose this to lock the computer. To unlock the computer, you will need to enter the password you have specified for the current user account, assuming one has been set.
- **Restart**. Choose this option to close all open programs, shut down Windows 7, then start Windows 7 back up again. You might choose this option if, for example, you've installed new software, and the new software requires that Windows 7 be restarted before it can be used.

Self study

- 1 Click and right-click the various icons currently on display in the Notification area on the right side of the Taskbar, and explore the options and windows that appear.
- **2** Press the Ask button in the Windows Help and Support window to learn about additional ways to obtain help and support.

Review

Questions

- 1 What is an operating system?
- 2 How many versions of the Windows 7 operating system are there?
- **3** How do you obtain Windows Mail, Windows Photo Gallery, and Windows Movie Maker?
- **4** On what part of the Windows 7 desktop do you find important information about your computer, such as whether you are connected to a wireless network, or whether your system is in need of attention?
- 5 What are the two main ways to find help using the Windows Help and Support Center?

Answers

- 1 An operating system is a set of programs that enable the computer to perform basic tasks, such as recognizing user input from a keyboard or mouse, sending output to the computer screen, keeping track of files on the hard disk, and controlling peripheral devices such as external hard drives and printers. It also acts as an interface between the computer and the user, and serves as the host for any other programs, or applications, running on the computer, such as word-processing programs, games, web browsers, etc.
- 2 In all, there are three versions of the Windows 7 operating system:
 - Windows 7 Home
 - Windows 7 Professional
 - Windows 7 Ultimate
- 3 Windows Mail, Windows Photo Gallery, and Windows Movie Maker—as well as other free software for Windows 7 users—are available from Windows Live, a Microsoft-run Web site offering various web services and downloadable applications.
- **4** You find this information in the Taskbar's Notification area. You can click the icon's display in this area to view additional information or to make necessary adjustments.
- **5** You can obtain help from the Windows Help and Support Center by searching using a keyword or phrase, or by browsing Help topics.