

Chapter 1

What is dyslexia?

Dyslexia is a term that most of you will have heard of and will have some idea of its features. Many professionals you deal with will claim they know what dyslexia is. Yet in reality there are many misunderstandings and misconceptions about dyslexia as well as a fair amount of controversy. This has a direct impact on parents, and particularly those parents finding out for the first time that they have a child who is dyslexic. In the United States and Canada we often use the term 'learning disability', an umbrella term, which also includes dyslexia. In the UK and Europe the term 'dyslexia' is used more openly – governments recognize it and legislation and educational policy take it into account. Similarly in New Zealand and in Australia, there have been considerable advances in the use of the term dyslexia in recent years. In the Middle East and Asia, both US and UK models are used and the term is also applied more openly there too. Dyslexia is an internationally accepted term and the condition affects children and adults in every country and in every culture irrespective of the language or the education system.

Every day more and more parents are told that their child is dyslexic and immediately alarm bells start to ring. They ask themselves, ‘Could we have found out about this earlier? What are the social and emotional considerations? What are the educational implications, how might it affect exams, college and careers? What exactly is dyslexia? What can we do to help?’

Having been in the position of assessing and identifying many thousands of children with dyslexia, I am fully aware of the questions, anxieties, concerns and the hopes of parents. I am also aware that there has been good progress in acceptance and support for dyslexia. But there is still a great deal to be done and in many areas parents are left confused and concerned. I have also been in the position of being told by a professional that my son has severe special needs and although this is difficult to accept, one of the first feelings one experiences is that of relief – relief that your ‘gut feeling’ that something was not right was not just a figment of your imagination but was in fact correct. With this knowledge parents have a clearer idea of what they have to deal with, and at last can set about doing that. This last point is important because this book is not intended to be a catalog of despair, but rather a ‘lifeline’ and source of hope for many thousands of parents who may find themselves searching for answers and desperately seeking guidance and advice.

This opening chapter provides a straightforward account and description of dyslexia. It also touches on the overlap with other disabilities such as dyspraxia, dyscalculia and attention deficit hyperactivity disorder (ADHD). This potential overlap can be confusing and often prevents the most appropriate intervention from being put into place.

Shannon Green and I run an online course on dyslexia for parents which includes a discussion forum. It is interesting to receive communication from parents in different parts of the world regarding their concerns. In many cases I am struck by the similarities no matter where they. Consider this parent’s experience:

We have a nine-year-old boy and for three of his school years he displayed signs of dyslexia. This was only brought to our attention at the end of last year which was quite a shock as, if we had been told earlier, maybe I would have handled situations differently with homework and so on. It took until this year to have him assessed.

This is not unusual, many parents wait a long time for a formal diagnosis. Most education authorities operate what might be referred

to as a 'wait to fail' model. That means the child needs to be have fallen quite far behind before an assessment takes place – essentially, the child has to have failed. This is a reactive model and one that can cause considerable problems, frustrations and a sense of hopelessness. Some education providers are now attempting to redress this situation by developing more proactive policies. For example, in the US the policy known as 'response to intervention', in theory at least, is intended to be proactive and identify children with difficulties at a young age before the difficulty becomes too entrenched. This policy, although theoretically commendable, is not without its critics.

There are other examples of early intervention and school-based assessment procedures in the US, Canada and UK which seem to be successful and will be discussed in chapter 3 (Crombie, Knight & Reid, 2004; Dyslexia Scotland, 2010).

So, what is dyslexia?

My view of dyslexia is that it is a difference in how children (and adults) process information. That is, how they take information in (input); how they understand it, memorize it and organize it in their mind (cognitive processing); and how they demonstrate they know this information (output). Children and young people with dyslexia can have differences (which can take the form of difficulties) at all of these stages – input, processing and output. Generally, these differences can be seen in relation to print, but other areas of learning can also be affected. That is why dyslexic difficulties can persist even when reading skills improve. Dyslexia can have an impact on all areas of learning. As children go through school they often use compensatory strategies to deal with challenges and can become quite adept at this.

Characteristics of dyslexia

Dyslexia relates to how information is processed

This means that dyslexia involves more than reading, but affects learning, including understanding and following oral instructions, as well as reading accurately and fluently and presenting written work.

Children with dyslexia can have difficulty learning through the auditory modality

The auditory modality refers to listening. This can be problematic as much of the teaching in school is through the auditory modality. It is important therefore to ensure that teaching and learning is multisensory – auditory, visual, kinesthetic (experiential) and tactile (through touch).

Reading, spelling and writing difficulties

Reading, spelling and writing difficulties are characteristic of dyslexia. This includes reading speed and writing speed.

Reading

The common view is that children with dyslexia have difficulties with sounds (phonemes) – that is, the smallest unit of sound in a word. They can have difficulty in distinguishing between similar sounds and sound combinations. They may also have difficulty in identifying where in a word a particular sound comes and recognizing the same sound in different words. This is referred to as phonological awareness and is often one of the early indicators of dyslexia. It can sometimes be noted in a difficulty with nursery rhymes.

Spelling

Although spelling and reading use different processes they are both features of dyslexia. Spelling can often take bizarre forms and even after many years of tuition some children still experience difficulties with the same word. They may have difficulty in remembering and applying spelling rules so the word ‘easier’, for example, may be spelt ‘easier’. They may also make visual and phonological errors. Spelling can be problematic but with specialized spellcheckers such as TextHelp™, spelling can usually be quite readily corrected.

Writing

Writing can be difficult on two counts. Handwriting can be a problem and this will be discussed later in relation to the possible overlap with dyspraxia. But it is strongly advised that the young person with dyslexia, as soon as possible, becomes proficient in the use of a word processor. There are many excellent computer programs available to help with this (see Appendix 2).

Some – in fact quite a number of children with dyslexia – can become quite expert and very creative in writing. But this can still be a problem as often they have difficulty in expressing what they mean. This can be frustrating and can result in under-accomplishment. With a clear structure for work this can be overcome. Indeed, many successful authors are dyslexic!

Dyslexia is individual

Children with dyslexia may have slightly different characteristics from each other. They may all have some common core difficulties, for example reading or spelling, but the actual characteristics and the nature of the difficulties can be different. It is important to view each child with dyslexia as an individual.

Children with dyslexia can have difficulty remembering information

Memory can be problematic. This can apply to working memory and short-term memory as well as long-term memory. This means that remembering oral instructions can be challenging, especially if a list of items is presented at the same time. The short-term, working memory can only hold a limited amount of information at any one time, and children and adults with dyslexia can have difficulty in remembering accurately even a limited amount, so it is best to provide one instruction at any one time.

Long-term memory relates to recalling information that has been learnt some time previously. Much of the success of retrieval of information learnt depends on how well the information is understood and

organized at the time of learning. This will be followed up in some detail in later chapters.

Difficulty in organizing information

Whether we are aware of it or not, we always make some attempt to organize new information. We might group new items to be remembered into one familiar category. Organizing information is important if we are recalling a sequence of events, and children with dyslexia can have difficulty with this. This can also affect their performance in examinations unless some supports are in place.

Overlap

There may be an overlap between other learning difficulties such as dyspraxia (difficulty with coordination and movement), dysgraphia (difficulty with handwriting), dyscalculia (difficulty with numbers) and attention deficit hyperactivity disorder (ADHD; attention and focussing difficulties). Children with dyslexia can experience some elements of the other difficulties, but this would usually be secondary to the main difficulties relating to dyslexia.

Phonological difficulties

This is one of the main difficulties associated with dyslexia. These difficulties can be seen at various levels. Adams (1990) identified at least five levels of difficulty:

- knowledge of nursery rhymes, which involves only an ear for the sounds of words;
- awareness of rhyme and alliteration, which requires both sensitivity to the sounds and an ability to focus on certain sounds;
- blending of phonemes and splitting of syllables to identify phonemes – this demands an awareness that words can be subdivided into smaller sounds;
- phoneme segmentation requires a thorough understanding that words can be analyzed into a series of phonemes;

- phoneme manipulation requires a child not only to understand and produce phonemes, but also to be able to manipulate them by addition, deletion or transposition.

It is important that intervention tackles phonological processing. It is much easier to find appropriate intervention for younger children as most reading programs deal with phonological processing and many books for very young readers emphasize the different sounds in words. But it can be challenging for older children as by the time they are teenagers they are usually more interested in the content of books even though they may have difficulty in reading them and phonics programs can be quite deskilling and perhaps demoralizing for them. In this case it is important to use an approach that relates to meaning as well as phonics.

Early indicators

There are a number of screening tests that can be used, but it is important to appreciate that these are not meant to be diagnostic – they can alert you to the possibility of dyslexia but a full assessment is necessary before you can be sure that your child has dyslexia.

Below are some areas that need to be considered in the early detection of dyslexia.

- **Communication and language:** Poor phonological skills and a lack of awareness of rhyme and rhythm can indicate that they may have later difficulties in learning to read and write.
- **Difficulty in listening to stories:** This can indicate that they have a difficulty with the auditory modality and following the sequence of a story, as well as attention and focusing difficulties.
- **Memory:** Children who are unable to remember more than two items of information, for example, may have a difficulty with working memory.
- **Sequence of events in a story:** This can be challenging for children with dyslexia as they may have difficulty in organizing information and placing it in an order of events.

- **Speech:** They may have some articulation problems, although this is not always the case.
- **Naming and ordering items in sequence:** Remembering the names of common items can be challenging. They may also show inconsistent performance in recalling names of objects (i.e., doing it correctly one day but not the next).
- **Physical development and movement:** This can be a feature of early identification. Young children with dyslexia may have some fine or gross motor difficulties, but again this is not always the case. Coordination skills can be identified at this early stage through observation in general physical activities and in writing. Balance has been found to be an important ability for learning. Fawcett and Nicolson (2008) reported on their earlier research in which they indicated that children who are poor at balance tasks while doing something else are likely to encounter other learning problems. This can be done by asking the child to balance on one foot while reciting a rhyme.

You will have noted that identifying dyslexia is not straightforward as there are many combinations of difficulties that children with dyslexia may have. The chapter on assessment (see chapter 3) will show how these can be narrowed down to arrive at a diagnosis. It is important for parents to understand this as they will have to interpret the school and educational psychologist's reports.

Some general factors that can indicate dyslexia

Pre-school

Concern may be raised in a pre-school child if some of the following are present:

- forgetfulness;
- speech difficulty;
- reversal of letters;
- difficulty remembering letters of the alphabet;
- difficulty remembering the sequence of letters of the alphabet;
- a history of dyslexia in the family;

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- coordination difficulties (e.g., bumping into furniture);
- tasks that require fine motor skills (e.g., tying shoelaces);
- slow at reacting to some tasks;
- reluctance to concentrate on a task for a reasonable period of time;
- confusing words that sound similar.

School age

- reluctance to go to school;
- not enjoying school;
- reluctance to read;
- difficulty learning words and letters;
- difficulty with phonics (sounds);
- poor memory;
- coordination difficulties;
- losing items;
- difficulty forming letters;
- difficulty copying;
- difficulty coloring;
- poor organization of materials.

After around two years at school

- hesitant at reading;
- poor word-attack skills;
- poor knowledge of the sounds and words continued;
- difficulty recognizing where in words particular sounds come from;
- spelling difficulty;
- substitution of words when reading (e.g., bus for car).

Middle school years

As above but also:

- behavior difficulties;
- frustration;
- abilities in subjects apart from reading.

Secondary/high school as above but also:

- slow to complete homework;
- misreading words;
- asking others for information;
- poor general knowledge;
- taking longer than others in most written tasks.

College/university difficulty in:

- remembering and organizing class timetable;
- keeping appointments;
- planning study time;
- performing in exams to the same level as in continuous assessment;
- planning essays and elaborating main points;
- reading and writing at the same rate as others.

The above lists are some of the indicators. People with dyslexia do not need to show all of these – even two or three can be sufficient in some cases and can justify a full assessment.

Definition of dyslexia

There are many definitions of dyslexia and most countries have their own; further, you will often find a number of definitions used within one a single country. Usually these definitions are statements that do not mean much to parents – or in fact to some educators! They are usually couched in professional terminology and they try to incorporate a broad description using as few words as possible. Here are some of the definitions.

The International Dyslexia Association (IDA)

Dyslexia is a specific learning disability that is neurological in origin. It is characterized by difficulties with accurate and/or fluent word

recognition and by poor spelling and decoding abilities. These difficulties typically result from a deficit in the phonological component of language that is often unexpected in relation to other cognitive abilities and the provision of effective classroom instruction. Secondary consequences may include problems in reading comprehension and reduced reading experience that can impede the growth of vocabulary and background knowledge. (Adopted by the Board of Directors: 12 November 2002. IDA Fact sheet revised March 2008; accessed July 2010, <http://www.interdys.org/FactSheets.htm>)

The Canadian Learning Disabilities Association (January 2002)

Provides a lengthy definition on learning disabilities which incorporates dyslexia. It is in fact quite detailed and helpful.

Learning disabilities refers to a number of disorders that may affect the acquisition, organization, retention, understanding or use of verbal or nonverbal information. These disorders affect learning in individuals who otherwise demonstrate at least average abilities essential for thinking and/or reasoning. As such, learning disabilities are distinct from global intellectual disabilities. Learning disabilities result from impairments in one or more processes related to perceiving, thinking, remembering or learning. These include, but are not limited to: language processing, phonological processing, visual spatial processing, processing speed, memory and attention, and executive functions (e.g. planning and decision-making).

Learning disabilities range in severity and may interfere with the acquisition and use of one or more of the following:

- Oral language (e.g., listening, speaking, understanding)
- Reading (e.g., decoding, phonetic knowledge, word recognition, comprehension)
- Written language (e.g., spelling and written expression)
- Mathematics (e.g., computation, problem solving)

Learning disabilities may also involve difficulties with organizational skills, social perception, social interaction and perspective taking.

Learning disabilities are life-long. The way in which they are expressed may vary over an individual's lifetime, depending on the interaction between the demands of the environment and the individual's strengths and needs. Learning disabilities are suggested by unexpected academic under-achievement or achievement that is maintained only by unusually high levels of effort and support.

Learning disabilities are due to genetic and/or neurological factors or injury that alters brain function in a manner that affects one or more processes related to learning. These disorders are not due primarily to hearing and/or vision problems, social-economic factors, cultural or linguistic differences, lack of motivation, inadequate or insufficient instruction, although these factors may further complicate the challenges faced by individuals with learning disabilities. Learning disabilities may co-exist with other disorders such as attentional, behavioral or emotional disorders, sensory impairments, or other medical conditions.

British Dyslexia Association (BDA)

Dyslexia is a specific learning difficulty which mainly affects the development of literacy and language related skills. It is likely to be present at birth and to be lifelong in its effects. It is characterised by difficulties with phonological processing, rapid naming, working memory, processing speed, and the automatic development of skills that may not match up to an individual's other cognitive abilities. It tends to be resistant to conventional teaching methods, but its effects can be mitigated by appropriately specific intervention, including the application of information technology and supportive counseling. (<http://www.bdadyslexia.org.uk/whatisdyslexia.html>; accessed November 2009)

Republic of Ireland

Dyslexia is manifested in a continuum of specific learning difficulties related to the acquisition of basic skills in reading, spelling and or

writing such difficulties being unexpected in relation to an individual's other abilities and educational experiences. Dyslexia can be described at the neurological, cognitive and behavioral levels. It is typically characterised by inefficient information processing, including difficulties in phonological processing, working memory, rapid naming, and automaticity of basic skills. Difficulties in organisation, sequencing and motor skills may also be present. (Task Force on Dyslexia in Republic of Ireland, 2001, p. 28)

New Zealand

Dyslexia is a spectrum of specific learning difficulties and is evident when accurate and/or fluent reading and writing skills, particularly phonological awareness, develop incompletely or with great difficulty. This may include difficulties with one or more of reading, writing, spelling, numeracy, or musical notation. (Dyslexia, Ministry of Education, 2010, p. 3)

You will note that there are many similarities in these definitions from different countries. It might be a good idea to ask the school your child attends how they define dyslexia as this may have some bearing on the intervention that is to be used.

Having developed and taught a great many training programs for parents and for schools I have developed the definition below as a blueprint for a working definition of dyslexia:

Dyslexia is a processing difference, often characterized by difficulties in literacy acquisition affecting reading, writing and spelling. It can also have an impact on cognitive processes such as memory, speed of processing, time management, co-ordination and automaticity. There may be visual and/or phonological difficulties and there are usually some discrepancies in educational performances.

There will individual differences and individual variation and it is therefore important to consider learning styles and the learning and work context when planning intervention and accommodations (Reid, 2009).

The main points in this definition are:

- **Processing difference:** This can highlight the differences between children with dyslexia and between dyslexic children and other children.
- **Difficulties in literacy acquisition:** Without doubt this is one of the key areas of dyslexia as it is usually difficulties with reading that first alert the parent or the teacher.
- **Cognitive processes:** Cognition means learning and processing information and it is this that can be challenging for children with dyslexia. This refers to how information is processed and this affects memory, processing speed, the ability to retain and transfer information, to utilize prior learning and to develop automaticity in learning (being able to do something automatically and consistently).
- **Discrepancies in educational performances:** This is often one of the most obvious indicators of dyslexia. There can be a difference between the reasoning and the processing abilities. This means that students with dyslexia can solve problems and can reason, but often have difficulty in displaying this in written form. Discrepancies in different areas of performance within different areas of the curriculum can often be noted and often this is very obvious between written and oral work.
- **Individual differences:** It is important to recognize that students with dyslexia are individuals and their individual learning differences need to be respected. Not all students with dyslexia will have the same profile, although they may all meet the criteria for dyslexia.
- **Learning and work context:** Some learning and work contexts can highlight the person's dyslexic traits while others can minimize the impact of their dyslexia. For example, if a dyslexic person is attempting to locate information from a library they may have difficulty in accessing an index, finding the appropriate book and locating the information in that book. Without guidance this kind of task can be challenging for students with dyslexia. Other tasks such as those that involve some degree of creativity or visual processing may be easier. Getting the task and the environment right for learning is important and highly important for the person with dyslexia.

Four points seem to emerge from all the definitions shown above. These are:

1. Dyslexia is developmental – that means that it can become more obvious as the person has to tackle different kinds of tasks such as those involving reading and learning.
2. An understanding that the central characteristics of dyslexia relate to literacy.
3. An appreciation that different and special teaching and learning approaches are necessary.
4. An acknowledgement that there can be additional secondary factors associated with dyslexia.

Parents should ask educational authorities and school administrators how they meet the needs of children with dyslexia. It is important that in response to this request schools can comment on the following:

1. The need to provide a clear statement on dyslexia. Additionally in appendix 3 to this book there is information on DSM-IV and DSM-V. These refer to the Diagnostic Statistical Manual published by the American Psychological Association and is generally regarded as a leading authority for professionals seeking advice on definitions and characteristics of learning difficulties.
2. An indication of the precise identification criteria used for dyslexia in the school district.
3. An indication of how these criteria will be used, by whom and when.
4. A description of the kind of challenges the student with dyslexia will experience at different stages of schooling and in different areas of the curriculum, followed by an indication of the type of supports that will be implemented.
5. The need to provide parents with pointers to resources, books, programs, approaches and technology that can be used at home.
6. An indication of the role that parents will/can play in identification and support.
7. The implications for preparing the student for formal examinations and the type of additional supports and accommodations that can be made available to the student.

8. The implications for curricular choice and access and show how the school can accommodate to the student's learning needs.
9. The different levels of training the staff have in dyslexia.
10. The provision for the longer term, particularly the transition to post-school study and how the school can ensure that appropriate support and information is provided to students, parents and other relevant professionals (e.g., career advisors).

Parents can play a key role in ensuring that schools provide them with this type of information. In my experience most schools will be able to do this, but may not unless parents specifically ask for it.

Common characteristics of other related learning disorders

The International Dyslexia Association (IDA) has produced a series of informative fact sheets on their website (<http://www.interdys.org/FactSheets.htm>).

One of those sheets relates to the overlap between dyslexia and other learning difficulties. Some of the key points relating to this are shown below and will be developed in later chapters.

Dysgraphia (handwriting)

- Unsure of handedness.
- Poor or slow handwriting.
- Messy and unorganized papers.
- Difficulty copying.
- Poor fine motor skills.
- Difficulty remembering the kinesthetic movements to form letters correctly.

Dyscalculia (math)

- Difficulty counting accurately.

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- May misread numbers.
- Difficulty memorizing and retrieving math facts.
- Difficulty copying math problems and organizing written work.
- Many calculation errors.
- Difficulty retaining math vocabulary and concepts.

Attention deficit hyperactivity disorder (ADHD; attention)

- Inattention.
- Variable attention.
- Distractibility.
- Impulsivity.
- Hyperactivity

Dyspraxia (motor skills)

- Difficulty planning and coordinating body movements.
- Difficulty coordinating facial muscles to produce sounds.

Executive function/organization

- Loses papers.
- Poor sense of time.
- Forgets homework.
- Messy desk.
- Overwhelmed by too much input.
- Works slowly.

It is important to recognize that many of these syndromes can overlap. This means that some children with dyslexia can have attention difficulties or movement and coordination difficulties. This is not always the case but we should be open to the possibility of overlap between the various syndromes. Obtaining a label is important, but it is also important to obtain an individual educational program for your

child and find a school with sufficient resources to ensure the program is implemented. Obtaining the presenting difficulties and strengths is therefore just as important as the label. It is crucial to obtain a learning profile of your child based on a detailed assessment. This learning profile will provide guidance for intervention and it is important that this is obtained. It should be detailed enough to provide the range of challenges your child experiences and how these can be met in the learning environment. There should also be reference to the type of support you can provide at home.

Parents' challenges

This chapter has provided information on what dyslexia is and how it can be recognized by parents and educators in different countries. It is important that parents' needs are listened to and considered. Obtaining this very often stems from the assertiveness of parents themselves advocating for their right to be heard. It is important that this is carried out in an informed manner. Many parents tell me that they have been a catalyst for some of the initiatives carried out in schools for children with dyslexia. Parents therefore have an important role to play.

Consider this from a parent of a dyslexic child (summarized from a transcript of a video I made at a conference in Toronto, Canada). He discusses the impact on his daughter who is dyslexic of bullying at school. He described the situation when a basically happy young girl seemed to change and was coming home devastated. He indicated that one of his concerns regarded her self-esteem as that seemed to be affected quite a bit by the bullying. Both parents discussed the situation with their daughter and together they came up with a plan of action. They decided to ask the school if they could do a PowerPoint presentation on dyslexia with the aim of educating their daughter's peer group about what dyslexia is and the need to accept and acknowledge children's differences. The consensus was that the PowerPoint presentation was successful and had the desired impact on her peer group. This was an informed and successful response by the parents and their daughter to a potential crisis. For many parents, however, dealing with dyslexia can be a leap into uncertainty and anxiety. They can face conflicting

advice and opinions, and often have to stick by their own instinct on what is best for their child.

During the research for this book I found that some of the priorities harbored by parents included the following:

- maintaining their child's self-esteem;
- helping their child start new work when he/she had not consolidated previous work;
- protecting the dignity of the child when dealing with professionals/therapists;
- helping in the child's personal organization;
- dealing with peer insensitivity;
- dealing with misconceptions of dyslexia.

These responses touch on some of the key areas, particularly the emotional aspect of dyslexia. They also touch on the misunderstandings and misconceptions that can exist on dyslexia. Some of the other key issues that parents have to deal with include the following:

- **Frustration:** Some parents can experience frustration and feel that their child's needs are not being met. This may highlight the gulf that can be sometimes be seen between home and school. This underlines the importance of effective and shared communication.
- **Trust:** Parents have to place their trust in the school system. They may or may not have some choice over the system they choose. Many have not. Some school may not recognize dyslexia and this can present a challenge and cause a great deal of anxiety. In this case parents may have to play a role in providing information on dyslexia to the school and to work with the school to provide information on dyslexia.
- **Understanding:** Knowledge and awareness of dyslexia vary from country to country and indeed within countries and school districts. Having spoken on dyslexia to parents' associations in many different countries this is becoming very apparent – almost without exception a scheduled and advertised talk to a parents' association will include many teachers in the audience. It is important that parents understand what dyslexia is, and this should be explained to them as soon as

their child is assessed. It is equally important that teachers are aware of the different dimensions of dyslexia.

- **Emotional aspects:** If a child is failing in literacy or finds some aspects of learning challenging, then he/she may be affected emotionally. It is important that this is addressed and preferably prevented.

There are a number of ways of helping to maintain or boost children's self-esteem, but one of the most obvious and most effective ways is to ensure that they achieve some success and receive genuine praise. In order for praise to be effective children have to be convinced that their achievements are worthy of the praise. When children feel a failure it is difficult to reverse these feelings and often they need to change their perceptions of themselves. This can be a lengthy process and ongoing support, praise and sensitive handling are necessary.

Summary

This chapter has provided some of the key characteristics of dyslexia and how these can be recognized. The chapter has also indicated the different definitions of dyslexia and how this may impact on you as a parent. Although parents harbor many challenges and anxieties there should also be a great deal of hope. The landscape is changing – many countries have policies on dyslexia and most recognize dyslexia as a discrete condition. There may be differences in priorities between some schools and parents and differences in the focus of intervention, but with effective communication parents and schools can form a significant and strong partnership and go a long way to supporting children with dyslexia develop the skills in literacy that they require to reach their potential.