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## **Everybody Writes**

I want to tell you that the key to taking your writing muscles from puny to brawny is to write every day. That writing is a habit, not an art. It is the former—and I'll talk about that in a minute. But before I do, let's reframe this business of writing.

As you think of developing a writing habit, realize that you probably already *do* write every day. You write emails; you post to Facebook, Twitter, or Instagram; you comment on blogs. Recognize all that posting for what it is: writing. And reframe it as a legit aspect of your daily workout—in the same way always taking the stairs becomes, over time, part of a fitness regimen.

I hope you'll consider this first rule a kind of call to arms to improve *all* of your communications, rather than just the stuff we traditionally think of as "content." Embrace the idea (as I said in the Introduction) that your words are your Web currency: they are a proxy, a stand-in for the important things you want to convey to your customers, and the world.

I want your readers and followers and audience to enjoy your words more, and I want you to maybe even feel a little proud of them.

But getting to that point requires—in all of us—a crucial shift: viewing the words we use as an important piece of who we (and our companies) are online. First, though, we have to overcome what holds us back from being writers: a combination of fear, lethargy, and a lack of confidence or knowledge (or both).

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## Writing Rules: How to Write Better

"If you want to be a writer you must do two things above all others: read a lot and write a lot," Stephen King writes in his book On Writing. He is talking to those who want to make their living as he does, writing books. But, in our world, we're all already writing and reading a lot. Every day.

I am a writer. You are a writer. Everybody writes.