

Index

A

Abandonment, 92
Abraham, K., 207
Adaptation, 81–82
Affect theory, 93–95; and assessment of intimacy, 97; basic tenets of, 92–105; and Behavior Change Requests, 100; and Container Exercises, 101; and Imago Relationship Therapy, 91–92; as process, 97–98; and safety and danger in Couples Dialogue, 98–99; and safety and danger in Positive Flooding, Caring Behaviors, and Surprises, 101–105
Affective responsiveness, 152
Albert the Great, 48
Almaas, A. H., 163, 169–171
Anxiety, 68–70
Aristotle, 142
Association: and healing dissociation, 39–41; and shift from individual to relational paradigm, 42–45; and wholeness and integrity, 41–42
Association for Imago Relationship Therapy, 24
Attachment, 32, 183
Atwood, G. E., 123, 141, 142, 145, 147, 151, 152, 174

B

Baca, B. J., 9, 201
Bach, J., 23
Bader, E., 92
Bailey, D., 92
Baptist Church, 14
Barbera, M. R., 8, 122

Basch, M. F., 93
Behavior Change Request, 17, 28, 79, 100, 132, 216
Belenky, M. F., 37
Bergman, S., 14, 157
Berit, 49, 58*n*2
Berne, E., 18
Berry, T., 3, 6
Blame, 76–77
Bollas, C., 124, 126, 127, 129
Bonding, 182–183
Boris, H., 203–207, 209
Bowen, M., 2, 64–90
Bowlby, J., 183
Brandschaft, B., 123, 147, 151, 152
Brown, D., 169
Buber, M., 4, 26, 27, 35, 37, 38, 41, 57
Buttrick, G. A., 49

C

Campbell, J., 146
Caring behaviors, 101–105
Carkhuff, R. R., 28
Casement, P., 125, 131
Center for Relationship Therapy (Dallas), 22
Chase, M., 148
Chestnut Lodge (Maryland), 148
Childhood: completing, 171–172; connection to marriage, 18–19; influences, 14–15; wounds, healing of, 214–215
Cleary, T., 168
Clinchy, B. M., 37, 38, 41
Clohesy, W. W., 42
Coach, therapist as, 31, 70–71, 73–74
Commitment scripts, 101–105

Complementarity, 72–74
 Confrontation, 153
 Connected relationship, 143
 Connection: developing, 170; and empathy, 139–140; and empathy as connective tissue, 147; foundational, 180; ontology of, 25–26; relationships, individuals, consciousness and, 168–169; role of wounding in, 53–54
 Connectional disturbance, 179
 Connectivity: clinical and foundational, 179–181; experiential, 179; Imago as theory of, 189–191; meanings of, 178–181; new perspectives on, 191–192; ontological, 178–179; transitory, 179
 Consciousness, relationships and, 166–168, 216–217
 Container exercise, 17, 18, 21, 28, 75, 101, 216
 Context, 64–65; multigenerational, 65–66
 Contractual theory, 48
 Core Energetics, 24, 25
 Core scene, 201
 Corrective relational experience, 131–132
 Cosmogensis, 4–5
 Countertransference, 125, 129, 140.
See also Transference
Couples Companion: Meditations and Exercises for Getting the Love You Want (Hendrix and Hunt), 24
 Couples Dialogue, 5–7, 75, 79, 98–99, 128, 216; and empathy, 150–151; and mirroring, 148–149; and validation, 149–150
 Couples Dialogue/Intentional Dialogue process, 24
Couples Therapy Manual (Hendrix), 88
 Covenant: centrality of forgiveness in, 54–55; conscious marriage as, 48–58; contract *versus*, 48–52; definition of, 49; as dialogical relationship, 51–52; and differentiation,

54; features of, 52–56; in history and in Imago, 49–51; Hosea and Gomer symbolizing, 52; paradoxical quality of, 55–56; relational, 56–57; role of wounding in, 53–54
Culture and Psychology Reader, 44

D

Dallas Women's Foundation, 22
 Darwin, C., 218, 219
 David, King, 56
 Dearman, A. J., 54
 DeMaio, D., 23
 Deprivation, 81–82
 Descartes, R., 42, 43
 De-selfing, 41
 Desires, 203–204
 Deuteronomy, 54
 Dialogue: and covenant as dialogical relationship, 51–52; developing, 27–34; healing through, 130–131; and paradoxical problems, 29–31
 Differentiation, 5–6, 54, 66–68
 Differentness, 205–206
 Disconnection, 179; effects of, 144–145; relationship nightmare as expression of, 193–200
 Dissociation: and extreme separate knowing, 38–39; healing of, by association, 39–41

E

East Texas State University, 21–22
 Edwards, D. G., 169
 Ehrenberg, D., 126
Einführung, 41
 Einstein, A., 44, 218
 Eisler, M., 107
 Elliott, R., 21, 22
 Emotionality, 74–76
 Empathy, 4, 40, 41, 128; avoidant *versus* useful, 152–155; bounded *versus* unbounded, 155–158; and connected relationship, 139–140; as connective tissue, 147; in Couples Dialogue, 150–151; dimen-

- sions of, 151–159; investigative *versus* bonding nature of, 151–152; responsiveness *versus* accountability in, 158–159
- Enactment: by adults, in therapy, 124–125; description of, 124; *versus* imago match, 132–134; as opportunity for healing in psychotherapy, 125–126; by partners, in marriage, 126–127; understanding own role in, 128; as way of suffering in relationship, 127
- Engler, J., 169
- Engulfment, 92
- Envy: as basis of conflict, 209; in couple relationships, 207; in power struggle, 203; self, 207–209; significance of, 206–212; six manifestations of, 210–212
- Epistemology, 108
- Erikson, E. H., 24
- F**
- Fairbairn, W.R.D., 114, 124
- Falcke, H., 58*n*2
- False self, 169
- Family patterns, 68–70
- Family Systems Theory: and complementarity, 72–73; deprivation and adaptation in, 81–82; emotionality in, 74–76; focus of intervention in, 80–81; and individual responsibility, 78–80; mate selection in, 73; role of nature in, 71–72; shame and blame in, 76–77; and systemic theory, 64–71; and unresolved issues, 72
- Ferris, T., 4
- Filkin, D., 4
- Forgiveness, 54–55
- Freud, S., 2, 18, 65, 82, 122, 163, 207
- G**
- Galileo, G., 218
- Gendlin, E., 19
- Genesis, 219
- Genogram, 65
- Gerson, R., 7, 8, 63, 65
- Gestalt therapy, 16, 17, 19
- Getting the Love You Want: A Guide for Couples* (Hendrix), 7, 23
- Gibson, J., 168
- Gilligan, C., 3, 38, 46
- Giving the Love That Heals* (Hendrix), 215
- Goldberg, A., 186–188
- Goldberger, N. R., 37, 38
- Gomer, 52–55
- Goulding, M., 16
- Goulding, R., 16
- Greed, 204
- Greenberg, J., 163, 169
- Grostein, J., 205
- H**
- Hadot, P., 169
- Haley, J., 78
- Haley, K., 2
- Hannah, M. T., 6, 7, 9, 130, 131, 144, 193
- Harding, S., 37
- Harvard Bereavement Study, 183
- Hawking, S., 4
- Healing in the Relational Paradigm: The Imago Relationship Therapy Casebook* (Luquet and Hannah), 7
- Healing wounds, 130–131, 170–172, 213–217
- Heisenberg, W., 165
- Helping Couples Change* (Stuart), 17, 20
- Hendrix, H., 6, 7, 13, 63–67, 71–74, 77, 81, 88, 92, 98, 99, 123, 127, 132, 139, 140, 164, 169, 179, 192, 201–203, 208, 209, 213–216
- Hendrix, R., 88
- Heschel, A. J., 57
- Hillers, D. R., 53, 57*n*1
- Hittites, 49, 50, 53
- Hoffman, M., 28
- Hoffman, S., 90*n*3
- Holding exercise, 28
- Holding Time* (Welch), 17

Holocaust, 213
 Holt Publishers, 23
 Hopes, 203–204
 Hora, T., 169
 Horney, K., 207
 Hosea, 52–55
How Does Analysis Cure? (Kohut), 153
 Hunt, H. L., 7, 35, 48, 213
 Hunt, H. T., 168, 169
 Husserl, E., 19

I

I and Thou (Buber), 4, 27
 Idealizing transference, 183
 Imago: definition of, 6; knowing and, 113; and object relations, 108–120; and power struggle, 202–206; as unconscious template for partner selection, 202
 Imago match: enactment *versus*, 132–134; and relational healing, 128–129; as way of suffering in relationship, 127
 Imago Relationship Therapy (IRT), 5–6; beginnings of, 13–17; evolution of, 17–24
In a Different Voice (Gilligan), 3
 Institute for Imago Relationship Therapy (New York), 22
 Integration, 82–83
Integrity, 41–42
 Intentionality, 216–217
 Intervention, 80–81
 Intimacy, 65
 Intimate edge, 126
 Intrapsychic pathology, 163
 Introjection, 202
I-Thou relationship, 4

J

James, W., 168
 Jaworski, J., 213
 Jordan, J. V., 3, 41, 139, 142, 156, 157, 165, 179
 Jung, C. G., 17, 18
 Jurgens, G., 21

K

Kant, I., 42
 Kaplan, A. G., 3
 Kaufman, G., 100
 Kauter, K., 213
 Keats, J., 46n2
Keeping the Love You Find: A Guide for Singles (Hendrix), 7, 23
 Kelly, V. C., Jr., 97, 104
 Kernberg, O., 205, 207
 Kerr, M., 66, 71, 73, 74
 Kierkegaard, S., 42
 Klein, M., 203, 205, 210
 Knight, G.A.F., 55
 Knowing: extreme separate, 38–39; holistic, 114–120; and imago, 113; relationship, 108–120; separate *versus* connected, 37–38; theories about, 108–112; transformational stage of, 109–110; transitional stage of, 110–112
 Kohut, H., 28, 41, 140, 147, 149, 150, 152–155, 160n2, 183, 185, 186
 Kollman, M., 28, 132
 Kuhn, T. S., 1

L

Lachkar, J., 207, 211
 Landrine, H., 43–44, 46n3
 “Law and Love in Jewish Theology” (Sherwin), 55
 Levenson, J. D., 53
 Linthorst, A. T., 169
 Listening, 40
 Lopez-Corvo, R., 207, 208
 Lost self, 38, 132, 133
 Love, P., 21
 Lubac, H., 5
 Luquet, W., 1, 6, 7, 218

M

Mahler, M., 24, 32, 179
 Male relational dread, 157
 Marriage: and childhood connection, 18–19; conscious, 48–58; understanding needs of, 20–21

Marrone, J. G., 130, 131
 Mason, M., 9, 144, 193
 Mason, R. C., 8, 9, 124, 126, 139, 144,
 162–168, 171, 173, 174, 177, 193
 Mate selection, 73–74
 Mays, J. L., 55, 56
 McGoldrick, M., 65
 Meadows Foundation, 22
 Merleau-Ponty, M., 19
 Miller, J. B., 3, 143, 156
 Minuchin, S., 2, 78
 Mirroring, 17, 21, 24, 131; beyond,
 27–28; in Couples Dialogue, 148–
 149; transference, 148, 183
 Mitchell, S., 122–124, 126, 163, 169
 Modern Dance/Movement therapy,
 148
 Moore, S., 147
 Morrison, A., 207
 Mutuality, 3, 4

N

Narcissism, 207
*Narcissistic/Borderline Couple: A Psycho-
 analytic Perspective on Marital Treat-
 ment* (Lachkar), 207
 Nathanson, D. L., 92–97, 100, 101,
 103
 National Advisory Mental Health
 Council, 92
 Nature, role of, 71–72
 Negative capability, 40
New York Times, 23
 Newton, I., 142
 Nightmare, 193; anatomy of, 196;
 short-circuiting, 200; treating, 196–
 197. *See also* Relationship night-
 mare
 No Exit process, 79

O

Old Testament, 49–53
Oprah Winfrey Show, 23

P

Palmer, P. F., 48

Paradigm: creational, 217–219; defin-
 ition of, 1; in mental health, 1–6;
 relational, 1–4, 42–45
 Parent-Child Dialogue, 99, 100, 128;
 and healing through specificity
 and corrective relational experi-
 ences, 131–132
 Parkes, C. M., 183
 Part-objects, 202
 Pearson, P. T., 92
 Peck, M. S., 105
 Perkins School of Theology (South-
 ern Methodist University), 13–15,
 21
 Perls, F. S., 18
 Perry, W. G., 37
 Personality, transcending, 170–171
 Phenomenology, 19, 166–168
 Pierrakos, J. C., 24, 25
 Plumlee, S. R., 8, 108
 Positive Flooding, 101–105
Power of Myth, The (Campbell), 146–
 147
 Power struggle, 201; and envy, 203;
 and greed, 204; and hopes and
 desires, 203–204; imago and, 202–
 206; and sameness and different-
 ness, 205–206; as unconscious pro-
 cess, 204–205
 Projection, 132, 202; definition of,
 135; as way of suffering in rela-
 tionship, 127–128
 Protoempathy, 32

R

Rage, 152–153
 Reactivity, 66–68, 129–130
 Reciprocal listening, 17
 Relational healing: concepts for,
 122–135; three ways of, 128–130;
 through dialogue, 130–131
 Relationality: and cosmogenesis, 4–5;
 and covenant, 52–53; and Imago
 Relationship Therapy (IRT), 4–5;
 and relational paradigm, 2–4; the-
 ory of, 1–6

Relationship: and concept of no being outside of, 122–123; healing power of, 213–217; impact of, on individual, 141; influence of, on self, 143–144; as living laboratory, 35–46; power of, 142–143; primacy of, 163–166; three ways of suffering in, 127–128; as top priority, 146–147; traumatic events and, 145–146; as vehicle for growth, 5–6

Relationship nightmare, 144–145; clinical examples of, 197–199; definition of, 193–195; treating, 195–197. *See also* Nightmare

Relationships: being conscious and intentional in, 216–217; conscious, 79; couple problems beyond, 172–174; creational paradigm of, 217–219

Relaxed joyfulness, 143

Repetition compulsion, 214

Responsibility: individual, 78–80; personal, 215–216

Restoration of the Self, The (Kohut), 151

Road Less Traveled, The (Peck), 105

Robinson, H. W., 58*n*6

Robinson, J., 23

Rogers, A. G., 39

Rogers, C., 17, 19, 28, 140, 150

Romantic phase, 205

S

Safety, 92

Sameness, 205–206

Sandel, S., 148

Sandler, J., 124

Satir, V., 2

Sauls, M., 90*n*3

Scharff, D. E., 132, 163, 169, 202, 204, 205, 207, 211

Scharff, J. S., 132, 163, 169, 202, 204, 205, 207, 211

Schleifer, M., 215

Schnarch, D., 92, 129

Schoeck, H., 206, 208

Scholastic Period, 48

Schwaber, E., 129

Schweickart, P., 39, 40

Scotus, Duns, 48

Script theory, 95–97

Searles, H., 207

Self: and bonding, 182–183; discrete to expanded, 182–189; expanded connected, 186; false, 169; influence of relationship on, 143–144; lost, 38, 132, 133; referential *versus* indexical, 43–44; and transference, 183–184

Self psychology, 148, 152, 153, 179, 184

Self-empathy, 41

Self-focus, 78

Self-objects: clinical implications of, 187–189; notion of, 184; as pathology or necessity, 184–186

Senge, P. M., 44, 45

Separation, ontology of, 25

Shame, 76–77, 95, 100

Sheldrake, R., 164

Shem, S., 3

Sherwin, B. L., 55

Short-Term Couples Therapy: The Imago Model in Action (Luquet), 7

Shulkin, S., 125, 132

Sinaitic Covenant, 49, 56

Slade, S., 9, 213

Smith, T., 8, 162

Socratic method, 37

Southeastern Transactional Analysis Association, 23

Southern Methodist University, 13–14

“Speech Is Silver, Silence Is Gold” (Schweickart), 39

Spillius, E., 207, 210

Splitting, 39, 202. *See also* Dissociation

St. Elizabeth’s Hospital (Washington, D.C.), 148

St. John’s Provincial Seminary, 48

Stark, M., 124, 125

Stern, D. N., 24, 143, 147

Stiver, I. P., 3
 Stolorow, R. D., 123, 141, 142, 145, 147, 151, 152, 174
 Stone Center for Women, 3, 8, 139–140, 143, 179
 Stuart, R. B., 17, 20, 21
 Sullivan, H. S., 24, 190, 191
 Surprises, 101–105
 Surrey, J. L., 3, 40, 44, 156, 185
 Swimme, B., 3, 6
 Symbiosis: role of, 32–34; theory of, 27–34
Synchronicity: The Inner Path of Leadership (Jaworski), 213
 Systemic theory: anxiety and family patterns in, 68–70; differentiation and reactivity in, 66–68; importance of contest in, 64–65; and multigenerational context, 65–66; therapist as coach in, 70–71

T

Tarule, J. M., 37
 Teilhard de Chardin, P., 3, 5
 Thomas Aquinas, 48
 Thorne, J., 22
 Thorne, R., 22
 Tillich, P., 18
 Tolman, D. L., 39
 Tomkins, S. S., 92–96, 105
 Transactional Analysis, 16, 17
 Transcendence, 170–172
 Transference, 183–184
 Truax, C. B., 28
 Truth telling, 44–45
 Twinship transference, 183

U

Ulricit, D., 90*n*3

V

Validation, 28; in *Couples Dialogue*, 149–150
 Vaughan, F., 169
 Vicarious introspection, 140
 VISN cable network, 24
Vitality affects, 143

W

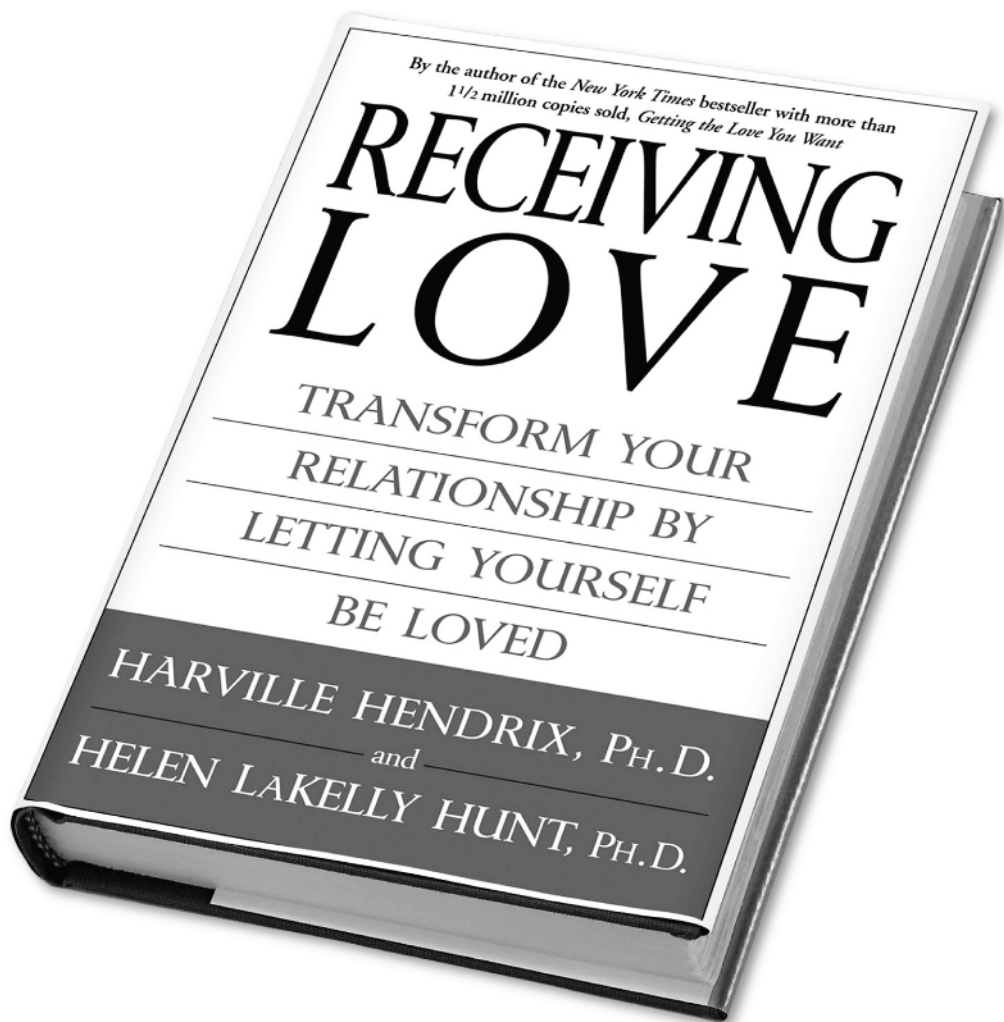
Walsh, R. N., 169
 Watergate, 213
 Wavacle, 44
 Weiss, R., 183
 Welch, M. G., 17
 We-ness, 147
 Whitaker, J., 2, 17, 19
 Wholeness, 41–42
 Wilber, K., 4, 169, 171
 Wilber, T., 171
 Winfrey, O., 23
 Winnicott, D. W., 109
Women's Ways of Knowing (Belenky, Clinchy, Goldberger, and Tarule), 37–38
 Wounds, 66, 77, 79, 81, 82, 169, 214–215; and connection, 53–54

Z

Zest, 143
 Zielinski, J., 8, 91
 Zimmerli, W., 49, 57*n*1, 58*n*3
 Zohar, D., 44, 46*n*4

Don't miss *Receiving Love* from bestselling authors
HARVILLE HENDRIX, Ph.D., and **HELEN LAKELLY HUNT, Ph.D.**

Let love in.



Did you know that one of the most common problems in a relationship has nothing to do with sex, money, in-laws, or even the remote control? Surprisingly, it has to do with our inability to accept love from our partners. If you give love freely but find yourself thinking, "I don't deserve to be loved," or if you reject affection even when it's what you truly desire, *Receiving Love* is for you.

Also available
on CD and cassette.

 **ATRIA BOOKS**
A Division of Simon & Schuster
A VIACOM COMPANY

www.simonsays.com

